

Waa macluumaad ku saabsan adeegyada cuntada, guriyeynta, cudurada dhimirka iyo adeegyada kale ee bulshada ee deganayaasha. Qaar ka mid ah adeegyada waxaa lagu bixiyaa afafka kala duwan.

Gargaarka guriyeynta iyo hoyga

Adeegga Kireystayaasha

Halkan ayaad ka heleysaa adeegga kaa caawinaya kireystayaasha ee Minneapolis.

Hoy La'aanta



Hoy loogu talo galay degenayaasha Degmada Hennepin

Haddii aad caawa aad u baahan tahay hoy ama aad dhex seexaneyso gaari, teendhooyinka dibadda, la soo xiriir:

Khadka degdegga ah ee Hoyga Hennepin ee
612-204-8200

Gargaarka guri ka saaridda, ka hortagga hoy la'aanta

Adeegga Ku Xiritaanka Kireystayaasha Adeegyada

Soo wac si aad uga hadasho baahidaada
612-767-9737

Barnaamijka gargaarka degdegga ah

Deganayaasha Degmada Hennepin waxa ay la soo xiriiri karaan degmada gargaarka degdegga ah ee mudada gaaban haddii ay la kulmaan xaalad dhaqaale oo khatar ku ah caafimaadkooda ama amaankooda.

hennepin.us/residents/human-services/emergency-assistance



Khatar ugu jira in guriga laga saaro

Haddii aad khatar ugu jirto in guriga lagaa saaro, buuxi foomka ee RentHelp Hennepin:

<https://renthelphennepin.hdsallita.com>

Macluumaad dheeraad ah waxa aad ka heleysaa hennepin.us/prevent-eviction



Dagaalka qoyska dhex mara, galmoodka dagaalku wehliyo, qashqashaad iyo dhuumaaleysi ku gelin

Soo wac **911** haddii ay xaaladdu tahay mid degdeg ah.

Haddii aysan xaaladdu aheyn mid khatar ah

Khadka Gurmadka Xaaladda Degdegga Ah

612-379-6363

Khadka Gurmadka Ee Dagaalka Qoyska
Dhex Mara Ee 24Ka Saac Ee Latalinta
Iyo Hoyga

1-866-223-1111

Khadka Degdegga ah ee Minnesota Day One

1-866-223-1111 ama

iimeyl u soo dir safety@dayoneservices.org Ee

adeegyada dagaalka qoyska dhex mara ee bogga Magaalada



minneapolismn.gov/report-an-issue/domestic-abuse

Qoysaska caruurta wata ee Dugsiyada Magaalada Minneapolis.

Stable Homes Stable Schools (SHSS) waxa ay qoysaska ka caawisaa bixinta kirada haddii uu qoysku ka soo baxo shuruudaha dakhliga ee ku xiran iyo in caruurta u dhigtaan dugsida Minneapolis.

- Marka dugsigu furan yahay, la hadal shaqaalaha arrimaha bulshada ee dugsiga si aad u ogaato in aad ka soo baxday shuruudaha barnaamijkaas.
- Xilliga fasaxa, qoysasku waxa ay iimeyl u soo diri karaan shss@mpls.k12.mn.us

Dadka dagaalka ka soo qeyb qaatay

Soo wac 612-313-3240
ama soo booqo bogga
Maamulka Dadka Horay
Ugu Tirsanaa Ciidanka ee
va.gov/homeless/crrc.asp

Dhalinyarada

Soo wac 612-400-7233
ama soo booqo bogga
Maamulka Dhalinyarada
Ciidanka ee ysnmn.org

Fududeyn ama hab kale ee aad qoraalkan ku heli karto, fadlan la xiriir 311 ama 612-673-3000.

TTY Wac 612- 263-6850.

Para ayuda, llame al 311. Rau kev pab 311. Haddii aad Caawimaad u baahantahay wac 311.



Adeegga cuntada, guriyeynta iyo cudurada dhimirka ee Minneapolis iyo Degmada Hennepin

Kooxda gurmada iyo cudurada dhimirka ee da' kasta

Kooxda Gurmada Cope ee Degmada Hennepin

Haddii aad dooneyso ama garaneyso cid gurmada u baahan, Cope ayaa idin caawineysa. Qaar ka mid ah shaqaalaha cope waa kuwa ku hadla afafka kala duwan luqadaha oo fool ka fool idiinla kulmi kara, ama telefoonka ama fiidoow muuqaal ah ama isticmaalaya turjubaan haddii loo baahdo.

Soo wac **612-596-1223** ama soo booqo hennepin.us/cope



Hennepin Cope waxa ay:

- Kuugu imaan karaan gurigaaga, dugsiyada, ama goobaha dadweynaha.
- Dajin karaan xaaladda oo kaa caawin karaan in aad go'aan ku gaarto waxyaabaha aad dooneyso in aad sameyso
- Kuu soo bandhigi karaan caawinadda kale ee aad u baahan tahay taasoo ku xiran xaaladda markaas taagan
- In ay la hadlaan hababka loo caawin karo qofka aad garaneyso ee u doonaya gurmada

Codsida nidaamka daaweynta ama tababarka gargaarka degdegga ah ee cilmi nafsiga Deganayaasha doonaya in ay gurmada u codsadaan qof kale.

Fududeynta nidaamka daaweynta ama tababarka gurmada, toos ula soo xiriir COPE:

Khadka 988 Ee Qudh iska goynta iyo Gurmada Badbaadinta

988 waa hab qarsoodi laga dhigay oo aad kula xiriiri karto gargaarka caafimaadka ee aad dooneyso.

Gargaarka waa mid loo fidinayo qof kasta oo

La soo deristo xaalad caafimaad oo dhimirka ah, ama isticmaalka maandooriyayaasha, ama qofka oo qudha iska jara, ama nooc kale oo la xiriira dareenka qofka.

Wac ama fariin qoraal ah u soo dir **24/ 7988**

Gargaarka Cuntada

Khadka Gargaarka Cuntada ee Minnesota

Wac ama fariin qoraal ah

1-888-711-1151

Food Group (Kooxaha Cuntada): Hunger Solutions (Xalka Gaajada)

Food Group/Hunger Solutions waxa ay bulshada ku xirayaan gargaarka cuntada iyo gargaarka ay u baahan yihiin.

Isticmaal khariidada si u hesho goobaha

hungersolutions.org/find-help



Goobo dheeraad ah ee gargaarka cuntada

.Halkan ayaad ka heleysaa gargaarka cuntada ee bogga internetka ee Minneapolis.



minneapolismn.gov/government/programs-initiatives/homegrown/food-resources

Soo Booqo Xarunta Barta Internetka Ee Adeegyada

Sawir kaga qaad kaamarada (QR code) si aad u aragto adeegyo kale ee dheeraad ah.



Adeeg Dheeraad Ah

Khadka caawinaada ee 211

Soo wac 2-1-1 xili kasta iyada oo macluumaadku yahay mid qarsoodi ah looguuna dirayo meel aad caawinaad ka heli kartaan.

211unitedway.org

Hennepin Waypoint

Waypoint ee Degmada Hennepin ayaad ka heleysaan adeeg dheeraad ah oo ay idiin fidin karaan ururada bulshada. gis.hennepin.us/waypoint