

School Based Clinics, operated by the Minneapolis Health Department, ensure that high school students have access to high quality health care services, including medical care, mental health assessment and treatment, counseling, STD prevention and treatment, nutrition counseling, health education, prescriptions, and laboratory services. The clinics are located in seven high schools: Edison, Henry, Roosevelt, South, Southwest, Washburn and Longfellow Alternative High School. Research has shown that students who are healthy are more likely to learn.

“[School Based Clinics are] a great resource to students and their families.” — Parent

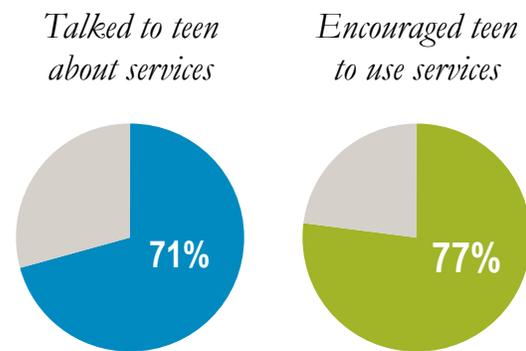
About the parent survey

Parents were asked to complete a brief survey with their teen’s consent form as part of an ongoing effort to learn more about their experiences and perspectives related to School Based Clinics (SBCs). The survey listed potential benefits of the clinics and asked parents to identify any that they believe are “most important” to teens and parents. The survey asked parents to select the best ways that information about clinics can be delivered to parents, report whether they talked to their teen about services or encouraged their teen to use services, and allowed for open-ended comments. Between September 2015 and May 2016, a total of **742 surveys** were completed.

Parents talk to teens about clinic services

Approximately 7 out of 10 parents who completed the survey (70.7 percent) reported ever talking to their teen about School Based Clinic services. Almost 8 out of every 10 parents (77.0 percent) reported having ever encouraged their teen to use School Based Clinic services.

Figure 1. Percent of parents who reported talking to their teen about SBC services or encouraging their teen to use services, SBC Survey, 2015-2016

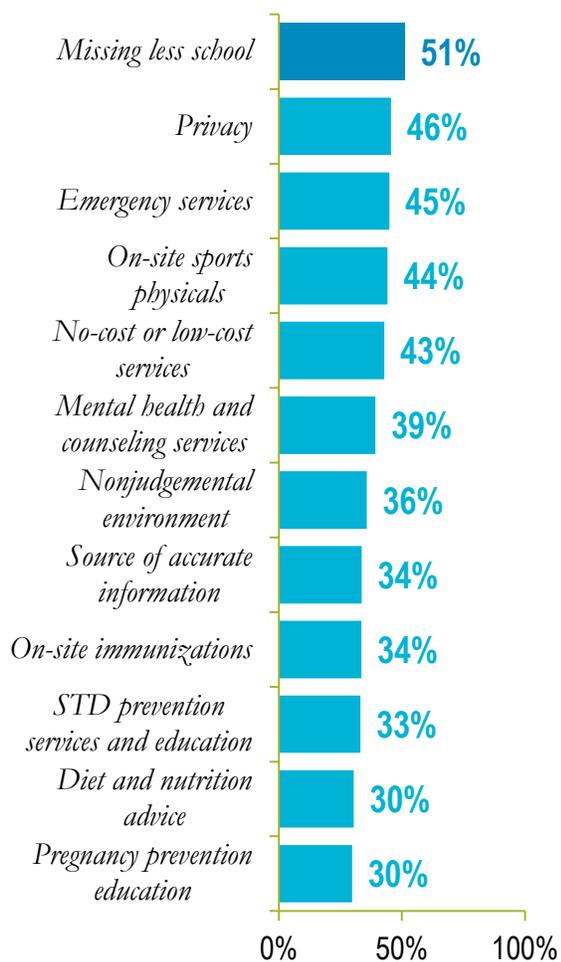


“We thank you! I love that this clinic is available.” — Parent

Clinic services benefit teens

On average, parents who completed the survey chose between 4 and 5 of the 12 options listed as the “most important” teen-specific benefits of School Based Clinics. The most commonly selected benefit of clinics for teens was **missing less school**, which was reported by about 5 out of 10 parents (51.1 percent). Almost half of parents chose privacy (45.6 percent), emergency services (44.9 percent) and on-site sports physicals (44.2 percent) as “most important” for teens.

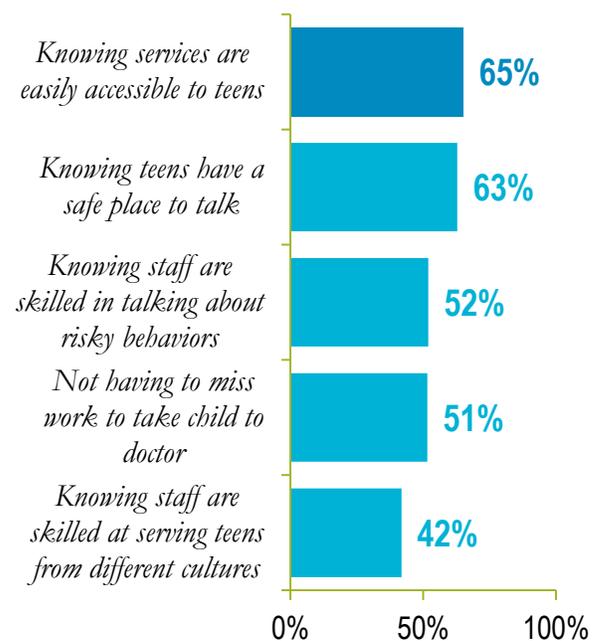
Figure 2. Percent of parents who perceived the listed clinic benefit as “most important” to teens, SBC Survey, 2015-2016



Clinic services benefit parents

On average, parents who responded to the survey chose between 2 and 3 of the 5 options listed as the “most important” parent-specific benefits of School Based Clinics. The most commonly selected benefit of clinics for parents was knowing services are easily accessible to teens, which was reported by 65.1 percent of all parents. Knowing teens have a safe place to talk was the second-most commonly perceived benefit for parents, reported by 62.8 percent of survey respondents. Over half of parents chose the benefits of knowing staff are skilled in talking about risky behaviors (51.9 percent) and not missing work to take teen to the doctor (51.5 percent) as “most important” for parents.

Figure 3. Percent of parents who perceived the listed clinic benefit as “most important” to parents, SBC Survey, 2015-2016

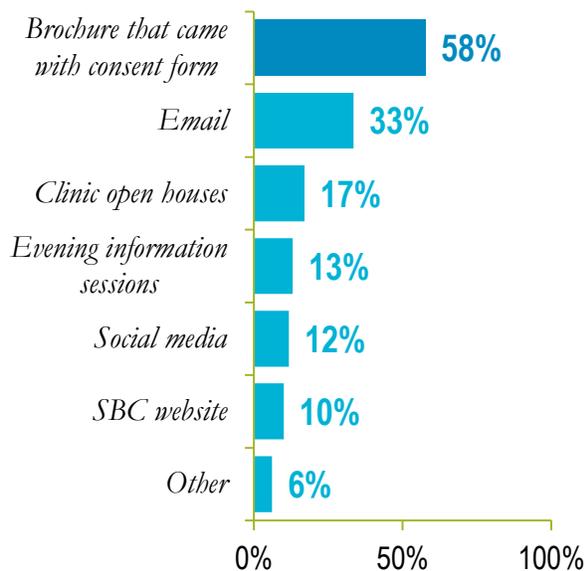


“Thank you for providing access at school to essential health services!”
— Parent

Parents recommend best ways to provide information about clinic services

Almost 6 out of every 10 parents surveyed (57.5 percent) reported that the brochure that came with the consent form is the best way for clinic staff to provide information to parents. Email was the next most common response, selected by 33.4 percent of parents. Other avenues of providing information about the clinics were less popular, with 17.0 percent of parents recommending clinic open houses; 13.1 percent, evening informational sessions; 14.2 percent, social media sites; and 10.0 percent, School Based Clinics’ website. A small number of parents provided other responses, including phone calls, texting, and mail.

Figure 4. Percent of parents who perceived the listed method as best way to provide information about clinic services, SBC Survey, 2015-2016



Parents offer additional suggestions

Parents offered a variety of suggestions in response to open-ended questions about how School Based Clinics could better serve male students, female students, and parents. To improve services for students, parents recommended: (1) increasing sexual health services including access to contraception and sexual health education; (2) providing additional health education services; (3) providing access to mental health and social support services; (4) ensuring privacy and confidentiality; (5) creating a safe and welcoming space; and (6) making gender-specific staff available. To improve services for parents, parents recommended providing more information, such as information about available services and their child’s healthcare.

Summary

Parents strongly support and value the services provided by the dedicated and highly trained staff at Minneapolis School Based Clinics. Parental support of School Based Clinics has remained strong since surveys to parents were first administered in 2004. School Based Clinic services contribute to the advancement of several Health Department goals including thriving youth and young adults, healthy weight and smoke free living, and a strong public health infrastructure.

For reasonable accommodations or alternative formats please contact the Minneapolis Health Department at 612-673-2301 or health@minneapolismn.gov.

People who are deaf or hard of hearing can use a relay service to call 311 at 612-673-3000.

TTY users can call 612-673-2157 or 612-673-2626.

Para asistencia 612-673-2700, Yog xav tau kev pab, hu 612-673-2800, Hadii aad Caawimaad u baahantahay 612-673-3500.