

Minneapolis Healthy Food Shelf Network

Facilitated by the Minneapolis Health Department

Thursday, November 19, 2015

10:00 – 11:30am

Location: MN FoodShare

1001 E Lake St, Minneapolis



Meeting Notes

Spotlight on MN FoodShare

MN FoodShare is a program of the Greater Minneapolis Council of Churches (GMCC) that partners with local food shelves throughout the state including the Division of Indian Works Horizons Unlimited food shelf, housed in the same building. MN FoodShare works with about 300 food shelves to empower and support them in their efforts to provide food to individuals and families in need. They run the March Campaign (food and funds drive), the GardenShare program (to encourage community gardeners to donate fresh produce with local food shelves), and the Harvest Campaign (similar to the March Campaign but with a special emphasis on healthy local foods). More information about MN FoodShare can be found on their website: <http://www.gmcc.org/minnesotafoodshare>.

Announcements and updates

- Second Harvest is hosting a December 7th screening of the new Food Justice program (developed by the St Paul Ramsey County Public Health Department in collaboration with Twin Cities Public Television). Information about the screening was sent out to Second Harvest partners via email; please RSVP to Lisa Boyd if you plan to attend. If you are interested in hosting your own screening of the program, please visit the Food Justice website to order a copy of the dvd: http://www.co.ramsey.mn.us/ph/cp/food_justice.
- The Food Group is finalizing work on their Chronic Disease toolkit and food shelves will be able to order displays/materials in early 2016.
- Open Arms of Minnesota is working on their turkey and Thanksgiving meal deliveries. If you would like to donate or learn more about the Turkey Drive, please visit their website: <https://www.openarmsturkeydrive.org/Donate>.
- The Minneapolis Health Department will no longer convene the Minneapolis Healthy Food Shelf Network in 2016. Staff will still be available on a limited basis to provide guidance to food shelves that are interested in implementing any of the Promising Practices for Creating a Healthy Food Shelf. All of the materials, resources, and meeting notes related to the Network will continue to be available on the health department's website throughout 2016: <http://minneapolismn.gov/health/living/eating/foodshelf>.

Presentation on Promising Practices for Creating a Nutrition-Focused Food Shelf: Building a Healthy Inventory

- Kristen Klingler, from the Minneapolis Health Department, gave a presentation on how to adopt a nutrition-focused philosophy within your food shelf. The powerpoint for this topic can be found on the Minneapolis Health Department's website: <http://minneapolismn.gov/health/living/WCMS1P-128071>. Additional resources, toolkits, and sample healthy foods policies are also available on this webpage for your reference and use. Please contact Kristen.Klingler@minneapolismn.gov if you would like guidance on how to create your own healthy foods policy.
- Three local organizations – North Point Health and Wellness Center, Little Kitchen food shelf, and Open Arms of Minnesota – presented about their own nutrition policies that they've been developing this year. Draft policies for each organization are available to view on the website listed above.

