

**Public Health Advisory Committee (PHAC)
Minutes**



March 24, 2015

Members Present: Julie Ring, Sahra Noor, Harrison Kelner, Akisha Everett, Dr. Happy Reynolds-Cook, Karen Soderberg, Sarah Jane Keaveny, Margaret (Peggy) Reinhardt, Birdie Cunningham, Silvia Perez, Jennifer Pelletier, Daniel Brady, Joseph Colianni

Members Excused: Abdullahi Sheikh, Autumn Chmielewski, Dr. Rebecca Thoman

Members Unexcused: Jahana Berry, Sarah Dutton, Tamara Ward

MHD Staff Present: Gretchen Musicant, Margaret Schuster, Don Moody

Guests:

Jennifer Pelletier called the meeting to order at 6:00 p.m. at City Hall.

Item	Discussion	Outcome
Introduction	Members and guests introduced themselves.	
Agenda/Min Approval	Members had no additions to the March agenda. January minutes were reviewed February minutes were reviewed	Minutes approved by unanimous consent
Reports from Sub-committees: <i>Operations / Communication</i>	Co-Chairs presented the annual report to the HE&CE (Health, Environment & Community Engagement committee) New members received orientation at prior meetings.	New members provided with orientation manual
<i>Collaboration & Engagement</i>	Planning for community viewings and discussions continue regarding the Raising of America series; work tasks have been assigned, many interested venues have been identified, including ones which may help provide support for the sessions (such as Corcoran Park).	
<i>Policy & Planning</i>	Draft of the proposal recommending formation of a Housing Advisory Committee was discussed and approved. There was a lot of discussion about the proposals' content, yet the final agreed upon revisions were very minor. Next steps include meeting with HE&CE Chair, Cam Gordon. Council Member Lisa Bender was also interested in this topic – per a conversation initiated by PHAC member Peggy Reinhardt.	Dan Brady made motion to accept & submit draft letter; Happy Reynolds-Cook seconded; motion passed
	Feedback letter on the Cradle to K draft plan was discussed; PHAC had received an extension on feedback deadline (to March 25) to allow for committee approval of letter. There was a lot of discussion about the letters' content, yet the final agreed upon revisions were very minor. MHD staff will implement committee's wording suggestions with support from Committee co-chairs, Karen and Jennifer, and Policy & Planning leader, Dan Brady. MHD staff will submit the finalized letter on March 25.	Happy Reynolds-Cook made a motion for approved changes to be made and the final version submitted to Mayor's representative on Wed, March 25; Julie Ring seconded; motion passed

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<p>Presentation: Prioritizing Activity</p>	<p>For the benefit of new committee members, MHD staff provided a brief overview of prior prioritizing activities and its purpose. Dan Brady led the discussion of the results of the recent on-line PHAC - Prioritizing Activity. Topic ideas were aligned under MHD department goals. Each goal had at least one area which rose to the top of PHAC's priority list. A summary of the discussion follows.</p> <p>For the goal, "A Healthy Place to Live," Homelessness received the most votes and a lot of discussion about the definition of homelessness (who is counted and who is counting?) and barriers to homelessness.</p> <p>For the goal, "Thriving Youth and Young Adults," Substance Abuse / Mental Health received the most votes. Are these the same or two topics? How do aspects of social connectedness and "intrinsic unfairness" relate to this? How are PTSD and the effects of poverty being considered and addressed? What is the public health place in this, and what is PHAC's role? The Adverse Childhood Experiences (ACE) Study was mentioned. Many ideas presented as to who might be good presenter on this topic.</p> <p>For the goal, "Healthy Weight and Smoke-Free Living," Access to Healthy Food received the most votes. Committee members expressed interest in finding out more about the Corner Stores and Urban Gardening initiatives, also concerns for healthy food shelves and healthy food donations.</p> <p>For the goal, "A Healthy Start to Life and Learning," School Ready Children received the most votes. This priority builds on the interest and work begun in 2014. It also aligns with the Mayor's Cradle to K initiative. How can we coordinate working in this area with the Mayor's Cradle to K Cabinet?</p> <p>For the goal "A Healthy Environment," Clean Air received the most votes. MHD Environmental Health division has been doing an air quality monitoring study and their report should be out in Fall.</p> <p>The "What's Missing" aspect also received much discussion. Very strong agreement that disparities are a strong component in all of the identified priorities. Citizens having access to quality mental health help and building the community's general resilience to mental health is important. Healthy Sleep was passionately presented as an underlying component of all aspects health, including mental health, substance abuse, school ready children, making healthy food choices, etc. Talking to someone about getting good sleep is a friendly gateway to discussion of more difficult topics.</p>	<p>Agenda topics and presenters for future meetings will be planned & scheduled</p> <p>MHD staff to find a presenter on Homelessness for the May meeting.</p> <p>An update on MHD efforts in these areas can be scheduled.</p> <p>Schedule EH update and revisit this topic when the air quality report is available.</p> <p>Several members agreed that a presentation on sleep would be a good agenda item for a future meeting.</p>
<p>Department Updates- Gretchen Musicant</p>	<p>Upcoming Youth Violence Week activities were detailed. Upcoming Public Health Week activities were reviewed. May is Mental Health month and Gretchen talked about the Let's Talk campaign. Gretchen reported that she is now on the board for national partner, NACCHO (National Association of City-County Health Officials).</p>	

Meeting adjourned at 7:45 p.m.
Minutes submitted by Don Moody and Margaret Schuster

Next Sub-Committee Meeting: April 28, 2015, Minneapolis City Hall, Room 132 & 333, 6:00-8:00 p.m.
Next Full Committee Meeting: May 26, 2015, Minneapolis City Hall, Room 132, 6:00-8:00 p.m.

GOAL: A Healthy Place to Live

(9) Homelessness

- (1) Recreation opportunities
- (0) Reduce lead exposure for kids
- (0) Regional development
- (2) Senior support services
- (2) Transportation alternatives
- (0) Workplace wellness

Other

- (1) Home ownership as public health issue, walkability, access to healthy food. Urban gardening
- (1) Healthy Living

GOAL: Thriving Youth and Young Adults

- (3) Invest in pro-social activities
- (3) Prevent child sex abuse
- (3) Reduce youth violence
- (1) Sex trafficking
- (2) STI / HIV prevention
- (7) Substance abuse / mental health**
- (2) Teen pregnancy prevention

Other

GOAL: Healthy Weight and Smoke-Free Living

- (5) Access to healthy food (food deserts, choices in various stores)**
- (2) Healthy food – after school programs
- (4) Healthy food policy – Minneapolis venues
- (3) Support biking / walking infrastructure & opportunities
- (1) Support smoke-free housing

Other

GOAL: A Healthy Start to Life and Learning

- (2) Healthy foods in daycare
- (4) Maternal health
- (6) School ready children**
- Other
- (1) Early Childhood Mental Health

GOAL: A Healthy Environment

- (5) Clean air**
- (1) Clean soil
- (2) Clean water
- (4) Energy use
- (1) Noise
- (1) Recycling
- Other

What's Missing?

- (1) Businesses – Engagement / Partnership
- (9) Disparities – a strand that runs through many of these goals/goal areas**
- (1) Healthy Sleep
- (4) Mental Health – access
- Other
- (1) The importance of raising the wage to address health disparity