

School based clinics support academic success

Poor health limits student ability to learn and thrive in school. School based clinics provide students with resources they need to improve their health.

Facts about School Based Clinics (SBC)¹

- SBC users have **shown higher attendance and reduced tardiness** after receiving school-based mental health counseling.
- SBC patients who use clinics for medical purposes have **shown significant increases in attendance** over nonusers.
- African-American male SBC users are **three times more likely to stay in school** than their peers who do not use the SBC.
- Students, teachers, and parents who have a SBC **rate academic expectations, school engagement, and safety** higher than those without a SBC.

¹The SBC data are from the National Assembly on School-Based Health Care at www.nasbhc.org

City of Minneapolis Health Department School Based Clinics

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Henry High School – Room 212
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Broadway Program at Longfellow – Room 126
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Roosevelt High School – Room 143
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South High School – Room 122
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Phone: 612-668-4333

Southwest High School – Room E021
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Phone: 612-668-3040

Washburn High School – Room 002
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Spanish - Atención. Si desea recibir asistencia gratuita para traducir esta información, llame al teléfono (612) 673-2700;
Somali - Ogow. Haddii aad dooneyso in lagaa kaalmeeyo tarjamad-da macluumaadkani oo lacag la' aan wac (612) 673-3500



What are school based clinics?

School based clinics are combined physical and mental health clinics located in school settings. School based clinics provide high quality, affordable and comprehensive medical and behavioral health services by professional staff specializing in adolescent health.

What are advantages of using a school based clinic?

- **It's designed for teens** – students are seen by staff specializing in adolescent care.
- **It's convenient** – students can use the clinic during the school day so parents don't have to take time off from work.
- **It's a great opportunity** – students develop skills in managing their healthcare that will help them in the future.
- **It's confidential** – students can access high quality, confidential care right at school.

What services are offered at the school based clinic?

- **Medical** – physicals, immunizations, treatment of minor illness and injury, pregnancy tests, sexually transmitted disease testing and treatment, family planning exams, and prescriptions
- **Mental Health** – prevention, early intervention, treatment and referrals. Typical issues include: depression, anxiety, stress, family and relationship issues, and planning for the future.
- **Nutrition** – counseling for sports nutrition, special diets for weight gain/loss, vegetarian diets, and other special dietary needs
- **Health Education** – individual and classroom presentations on a variety of health issues

Who provides the services?

We have highly skilled, friendly professionals experienced in working with youth. Staff members across the clinics include:

- Nurse Practitioner
- Doctor
- Registered Nurse
- Mental Health Professionals
- Registered Dietician
- Medical Assistant
- Health Educator
- Office Support
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Who pays for clinic services?

Our goal is to provide services to all students regardless of insurance status. Services are provided at low or no cost to families whether or not a student has insurance. Insurance is billed whenever possible to help cover the costs of care. We may send a bill for mental health service co-pays if a student has private insurance.