



Photo courtesy of Dr. Steven Kells, director of University of Minnesota's *Let's Beat the Bug!*

From left to right: 1st instar nymph, 2nd instar nymph, 3rd instar nymph, 4th instar nymph, 5th instar nymph, male adult bed bug, female adult bed bug

Bed bugs shed their skin 5 times before becoming adult bed bugs. Full maturation from egg to adulthood depends on environmental conditions such as temperature and food resource.



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Contrary to popular belief, adult bed bugs are visible to the human eye. An adult bed bug (on left) is approximately the size of an apple seed (on right)