

EFFECTIVE YOUTH PROGRAMS

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Strategy	Program Name	Program Summary	Rating
Mentoring	Big Brothers Big Sisters (BBBS) Community-Based Mentoring (CBM) Program	A one-to-one mentoring program that takes place in a community setting.	Effective
	Harlem (NY) Children’s Zone – Promise Academy Charter Middle School	A charter middle school that seeks to give students in grades 6–8 a well-rounded, high-quality education. The Promise Academy is part of the Harlem Children’s Zone, a 97-block area in Harlem, NY, that combines "no excuses" charter schools with communitywide initiatives to address some of the problems faced by underprivileged children.	Effective
	Multidimensional Treatment Foster Care–Adolescents	A behavioral treatment alternative to residential placement for adolescents who have problems with chronic antisocial behavior, emotional disturbance, and delinquency.	Effective*
	SNAP® Under 12 Outreach Project	A specialized, family-focused intervention for boys under 12 who display aggressive and antisocial behavior problems.	Effective*
Strategy	Program Name	Program Summary	Rating
Academic Skills Enhancement	Career Academy	Schools, within schools, that link students with peers, teachers, and community partners in a disciplined environment, fostering academic success, mental and emotional health, and labor market success.	Effective*
	Good Behavior Game	A classroom management strategy for children ages 6 to 10 designed to improve aggressive/disruptive classroom behavior and prevent later criminality.	Effective*
	Harlem (NY) Children’s Zone – Promise Academy Charter Middle School	A charter middle school that seeks to give students in grades 6–8 a well-rounded, high-quality education. The Promise Academy is part of the Harlem Children’s Zone, a 97-block area in Harlem, NY, that combines "no excuses" charter schools with communitywide initiatives to address some of the problems faced by underprivileged children.	Effective
	Linking the Interests of Families and Teachers (LIFT)	A program designed to prevent the development of aggressive and antisocial behaviors in children within an elementary school setting.	Effective*
	Perry Preschool Project	Provides high-quality education for disadvantaged children ages 3 to 4 to improve their capacity for future success in school and in life.	Effective
	Positive Action	A program that is designed to improve youth academics, behavior, and character and that can be used by schools, families, or communities.	Effective*
	The Incredible Years	A parent training, teacher training, and child social skills training approach to reducing challenging behaviors in children and increasing their social and self-control skills.	Effective*
Strategy	Program Name	Program Summary	Rating
Afterschool/ Recreation	Families And Schools Together (FAST)	A multifamily group intervention program designed to build protective factors for children, to empower parents to be the primary prevention agents for their own children, and to build supportive parent-to-parent groups.	Effective*
	Harlem (NY) Children’s Zone – Promise Academy Charter Middle School	A charter middle school that seeks to give students in grades 6–8 a well-rounded, high-quality education. The Promise Academy is part of the Harlem Children’s Zone, a 97-block area in Harlem, NY, that combines "no excuses" charter schools with communitywide	Effective

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		initiatives to address some of the problems faced by underprivileged children.	
Strategy	Program Name	Program Summary	Rating
Class Curricula	Adolescent Community Reinforcement Approach	An outpatient program targeting youth 13 to 25 years of age that aims to replace activities that support alcohol and drug use with positive behaviors that support recovery.	Effective*
	Adolescent Transitions Program	A multilevel, family-centered intervention targeting children at risk for problem behaviors or substance use and their families.	Effective*
	Career Academy	Schools, within schools, that link students with peers, teachers, and community partners in a disciplined environment, fostering academic success, mental and emotional health, and labor market success.	Effective*
	Good Behavior Game	A classroom management strategy for children ages 6 to 10 designed to improve aggressive/disruptive classroom behavior and prevent later criminality.	Effective*
	Harlem (NY) Children’s Zone – Promise Academy Charter Middle School	A charter middle school that seeks to give students in grades 6–8 a well-rounded, high-quality education. The Promise Academy is part of the Harlem Children’s Zone, a 97-block area in Harlem, NY, that combines "no excuses" charter schools with communitywide initiatives to address some of the problems faced by underprivileged children.	Effective
	Kirkholt (England) Burglary Prevention Project	A burglary reduction program that involved working with burglary victims, their neighbors, and potential offenders to remove opportunities and motivations to commit burglary.	Effective
	LifeSkills® Training	A classroom-based tobacco-, alcohol-, and drug abuse–prevention program for upper elementary and junior high school students.	Effective*
	Linking the Interests of Families and Teachers (LIFT)	A program designed to prevent the development of aggressive and antisocial behaviors in children within an elementary school setting.	Effective*
	Midwestern Prevention Project (MPP)	A school-based comprehensive program intended to promote an antidrug message throughout communities and prevent substance use (alcohol, tobacco, and marijuana) among middle school students.	Effective*
	Perry Preschool Project	Provides high-quality education for disadvantaged children ages 3 to 4 to improve their capacity for future success in school and in life.	Effective
	Promoting Alternative THinking Strategies (PATHS®)	A prevention program that promotes emotional and social competencies and reduces aggression and behavior problems in elementary school–aged children.	Effective*
	Safe Dates	A school-based prevention program for middle and high school students designed to stop or prevent the initiation of dating violence victimization and perpetration	Effective
	Second Step®: A Violence Prevention Curriculum	A universal prevention program designed to reduce impulsive and aggressive behavior in children and adolescents by increasing their social competency skills.	Effective*
	Steps to Respect®	A school-based antibullying program that teaches social and emotion management skills to elementary school students to improve relationships and buffer the detrimental effects of bullying.	Effective*
Strong African American Families (SAAF)	A 7-week alcohol-, drug use-, and early sexual activity–reduction program concentrating on rural African American youths (ages 10–14) that improves parenting practices and family	Effective	

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Strategy	Program Name	Program Summary	Rating
		communication and teaches the youths resistance skills.	
Cognitive Behavioral Therapy	Aggression Replacement Training® (ART®)	A multidimensional psychoeducational intervention designed to promote prosocial behavior in chronically aggressive and violent adolescents using techniques to develop social skills, emotional control, and moral reasoning.	Effective*
	Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	A cognitive and behavioral therapy group intervention for reducing children’s symptoms of posttraumatic stress disorder and depression caused by exposure to violence.	Effective*
	HOMEBUILDERS	An in-home, intensive family preservation service (IFPS) and reunification program for families with children (newborn to 17 years old) returning from or at risk of out-of-home placement.	Effective*
	Multidimensional Treatment Foster Care–Adolescents	A behavioral treatment alternative to residential placement for adolescents who have problems with chronic antisocial behavior, emotional disturbance, and delinquency.	Effective*
	Multisystemic Therapy (MST)	A family and community-based treatment program for adolescent offenders who have exhibited serious antisocial, problem, and delinquent behaviors.	Effective*
	Multisystemic Therapy–Substance Abuse	A version of Multisystemic Therapy (MST) targeted to adolescents with substance abuse and dependency issues.	Effective*
	Perry Preschool Project	Provides high-quality education for disadvantaged children ages 3 to 4 to improve their capacity for future success in school and in life.	Effective
	Prolonged Exposure Therapy	A cognitive–behavioral treatment program for individuals suffering from posttraumatic stress disorder.	Effective*
	SNAP® Under 12 Outreach Project	A specialized, family-focused intervention for boys under 12 who display aggressive and antisocial behavior problems.	Effective*
	The Incredible Years	A parent training, teacher training, and child social skills training approach to reducing challenging behaviors in children and increasing their social and self-control skills.	Effective*
Trauma-Focused Cognitive Behavioral Therapy (TF–CBT)	A treatment intervention designed to help children and their parents overcome the negative effects and emotional distress of traumatic life events such as child sexual or physical abuse.	Effective*	
Strategy	Program Name	Program Summary	Rating
Gang Prevention	Operation Ceasefire (Boston, Mass.)	A problem-solving police strategy that seeks to reduce gang violence, illegal gun possession, and gun violence in communities in Boston, Mass.	Effective*
	Operation Peacekeeper	A community and problem-oriented policing program based in Stockton, Calif., that aims to reduce gang involvement and violence among urban youth aged 10 to 18.	Effective
Strategy	Program Name	Program Summary	Rating
School/ Classroom Environment	Career Academy	Schools, within schools, that link students with peers, teachers, and community partners in a disciplined environment, fostering academic success, mental and emotional health, and labor market success.	Effective*

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	Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	A cognitive and behavioral therapy group intervention for reducing children’s symptoms of posttraumatic stress disorder and depression caused by exposure to violence.	Effective*
	Good Behavior Game	A classroom management strategy for children ages 6 to 10 designed to improve aggressive/disruptive classroom behavior and prevent later criminality.	Effective*
	Harlem (NY) Children’s Zone – Promise Academy Charter Middle School	A charter middle school that seeks to give students in grades 6–8 a well-rounded, high-quality education. The Promise Academy is part of the Harlem Children’s Zone, a 97-block area in Harlem, NY, that combines "no excuses" charter schools with communitywide initiatives to address some of the problems faced by underprivileged children.	Effective
	LifeSkills® Training	A classroom-based tobacco-, alcohol-, and drug abuse–prevention program for upper elementary and junior high school students.	Effective*
	Linking the Interests of Families and Teachers (LIFT)	A program designed to prevent the development of aggressive and antisocial behaviors in children within an elementary school setting.	Effective*
	Midwestern Prevention Project (MPP)	A school-based comprehensive program intended to promote an antidrug message throughout communities and prevent substance use (alcohol, tobacco, and marijuana) among middle school students.	Effective*
	Perry Preschool Project	Provides high-quality education for disadvantaged children ages 3 to 4 to improve their capacity for future success in school and in life.	Effective
	Positive Action	A program that is designed to improve youth academics, behavior, and character and that can be used by schools, families, or communities.	Effective*
	Promoting Alternative Thinking Strategies (PATHS®)	A prevention program that promotes emotional and social competencies and reduces aggression and behavior problems in elementary school–aged children.	Effective*
	Second Step®: A Violence Prevention Curriculum	A universal prevention program designed to reduce impulsive and aggressive behavior in children and adolescents by increasing their social competency skills.	Effective*
	Steps to Respect®	A school-based antibullying program that teaches social and emotion management skills to elementary school students to improve relationships and buffer the detrimental effects of bullying.	Effective*
	The Incredible Years	A parent training, teacher training, and child social skills training approach to reducing challenging behaviors in children and increasing their social and self-control skills.	Effective*
Strategy	Program Name	Program Summary	Rating
Tuancy Prevention	Harlem (NY) Children’s Zone – Promise Academy Charter Middle School	A charter middle school that seeks to give students in grades 6–8 a well-rounded, high-quality education. The Promise Academy is part of the Harlem Children’s Zone, a 97-block area in Harlem, NY, that combines "no excuses" charter schools with communitywide initiatives to address some of the problems faced by underprivileged children.	Effective
	Positive Action	A program that is designed to improve youth academics, behavior, and character and that can be used by schools, families, or communities.	Effective*

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Strategy	Program Name	Program Summary	Rating
Conflict Resolution/In terpersonal Skills	Aggression Replacement Training® (ART®)	A multidimensional psychoeducational intervention designed to promote prosocial behavior in chronically aggressive and violent adolescents using techniques to develop social skills, emotional control, and moral reasoning.	Effective*
	Families And Schools Together (FAST)	A multifamily group intervention program designed to build protective factors for children, to empower parents to be the primary prevention agents for their own children, and to build supportive parent-to-parent groups.	Effective*
	Guiding Good Choices	A multimedia family competency training program that promotes healthy, protective parent–child interactions and addresses children’s risk for early substance use.	Effective*
	LifeSkills® Training	A classroom-based tobacco-, alcohol-, and drug abuse–prevention program for upper elementary and junior high school students.	Effective*
	Linking the Interests of Families and Teachers (LIFT)	A program designed to prevent the development of aggressive and antisocial behaviors in children within an elementary school setting.	Effective*
	Multidimensional Family Therapy	A manualized family-based treatment and substance abuse prevention program developed for adolescents with drug and behavior problems. The program is typically delivered in an outpatient setting, but it can also be used in inpatient settings.	Effective*
	Multisystemic Therapy (MST)	A family and community-based treatment program for adolescent offenders who have exhibited serious antisocial, problem, and delinquent behaviors.	Effective*
	Multisystemic Therapy–Substance Abuse	A version of Multisystemic Therapy (MST) targeted to adolescents with substance abuse and dependency issues.	Effective*
	Nurse–Family Partnership	A home visitation program for low-income, first-time mothers to improve family functioning.	Effective*
	Parent–Child Interaction Therapy (PCIT)	Teaches parents new interaction and discipline skills to reduce child problem behaviors and parental physical child abuse by improving relationships and responses to difficult behavior.	Effective*
	Perry Preschool Project	Provides high-quality education for disadvantaged children ages 3 to 4 to improve their capacity for future success in school and in life.	Effective
	Positive Action	A program that is designed to improve youth academics, behavior, and character and that can be used by schools, families, or communities.	Effective*
	Promoting Alternative Thinking Strategies (PATHS®)	A prevention program that promotes emotional and social competencies and reduces aggression and behavior problems in elementary school–aged children.	Effective*
	Safe Dates	A school-based prevention program for middle and high school students designed to stop or prevent the initiation of dating violence victimization and perpetration	Effective
	Second Step®: A Violence Prevention Curriculum	A universal prevention program designed to reduce impulsive and aggressive behavior in children and adolescents by increasing their social competency skills.	Effective*
Steps to Respect®	A school-based antibullying program that teaches social and emotion management skills to elementary school students to improve relationships and buffer the detrimental effects of bullying.	Effective*	

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	Strengthening Families Program: For Parents and Youth 10–14	An adaptation of the Strengthening Families Program that aims to reduce substance use and behavior problems during adolescence through improved skills in nurturing and child management by parents and improved interpersonal and personal competencies among youths.	Effective*
	The Incredible Years	A parent training, teacher training, and child social skills training approach to reducing challenging behaviors in children and increasing their social and self-control skills.	Effective*
Strategy	Program Name	Program Summary	Rating
Family Therapy	Adolescent Transitions Program	A multilevel, family-centered intervention targeting children at risk for problem behaviors or substance use and their families.	Effective*
	Families And Schools Together (FAST)	A multifamily group intervention program designed to build protective factors for children, to empower parents to be the primary prevention agents for their own children, and to build supportive parent-to-parent groups.	Effective*
	Functional Family Therapy (FFT)	A family-based prevention and intervention program for at-risk youths ages 11 to 18.	Effective*
	HOMEBUILDERS	An in-home, intensive family preservation service (IFPS) and reunification program for families with children (newborn to 17 years old) returning from or at risk of out-of-home placement.	Effective*
	Jackson County (Ore.) Community Family Court	A family drug court program for parents with admitted substance abuse allegations whose children are wards of the State of Oregon and are in the custody of the Department of Human Services.	Effective
	Multidimensional Family Therapy	A manualized family-based treatment and substance abuse prevention program developed for adolescents with drug and behavior problems. The program is typically delivered in an outpatient setting, but it can also be used in inpatient settings.	Effective*
	Multidimensional Treatment Foster Care–Adolescents	A behavioral treatment alternative to residential placement for adolescents who have problems with chronic antisocial behavior, emotional disturbance, and delinquency.	Effective*
	Multisystemic Therapy (MST)	A family and community-based treatment program for adolescent offenders who have exhibited serious antisocial, problem, and delinquent behaviors.	Effective*
	Multisystemic Therapy–Substance Abuse	A version of Multisystemic Therapy (MST) targeted to adolescents with substance abuse and dependency issues.	Effective*
	Nurse–Family Partnership	A home visitation program for low-income, first-time mothers to improve family functioning.	Effective*
	Parent–Child Interaction Therapy (PCIT)	Teaches parents new interaction and discipline skills to reduce child problem behaviors and parental physical child abuse by improving relationships and responses to difficult behavior.	Effective*
	SNAP® Under 12 Outreach Project	A specialized, family-focused intervention for boys under 12 who display aggressive and antisocial behavior problems.	Effective*
	Strengthening Families Program: For Parents and	An adaptation of the Strengthening Families Program that aims to reduce substance use and behavior problems during adolescence through improved skills in nurturing and child	Effective*

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	Youth 10–14	management by parents and improved interpersonal and personal competencies among youths.	
	Strong African American Families (SAAF)	A 7-week alcohol-, drug use-, and early sexual activity–reduction program concentrating on rural African American youths (ages 10–14) that improves parenting practices and family communication and teaches the youths resistance skills.	Effective
	The Incredible Years	A parent training, teacher training, and child social skills training approach to reducing challenging behaviors in children and increasing their social and self-control skills.	Effective*
	Trauma-Focused Cognitive Behavioral Therapy (TF–CBT)	A treatment intervention designed to help children and their parents overcome the negative effects and emotional distress of traumatic life events such as child sexual or physical abuse.	Effective*
Strategy	Program Name	Program Summary	Rating
Parent Training	Adolescent Transitions Program	A multilevel, family-centered intervention targeting children at risk for problem behaviors or substance use and their families.	Effective*
	Families And Schools Together (FAST)	A multifamily group intervention program designed to build protective factors for children, to empower parents to be the primary prevention agents for their own children, and to build supportive parent-to-parent groups.	Effective*
	Family Matters	A family-directed program to reduce tobacco and alcohol use among 12- to 14-year-olds.	Effective
	Guiding Good Choices	A multimedia family competency training program that promotes healthy, protective parent–child interactions and addresses children’s risk for early substance use.	Effective*
	HOMEBUILDERS	An in-home, intensive family preservation service (IFPS) and reunification program for families with children (newborn to 17 years old) returning from or at risk of out-of-home placement.	Effective*
	Jackson County (Ore.) Community Family Court	A family drug court program for parents with admitted substance abuse allegations whose children are wards of the State of Oregon and are in the custody of the Department of Human Services.	Effective
	Linking the Interests of Families and Teachers (LIFT)	A program designed to prevent the development of aggressive and antisocial behaviors in children within an elementary school setting.	Effective*
	Multidimensional Family Therapy	A manualized family-based treatment and substance abuse prevention program developed for adolescents with drug and behavior problems. The program is typically delivered in an outpatient setting, but it can also be used in inpatient settings.	Effective*
	Multidimensional Treatment Foster Care–Adolescents	A behavioral treatment alternative to residential placement for adolescents who have problems with chronic antisocial behavior, emotional disturbance, and delinquency.	Effective*
	Multisystemic Therapy (MST)	A family and community-based treatment program for adolescent offenders who have exhibited serious antisocial, problem, and delinquent behaviors.	Effective*
	Multisystemic Therapy–Substance Abuse	A version of Multisystemic Therapy (MST) targeted to adolescents with substance abuse and dependency issues.	Effective*
	Nurse–Family Partnership	A home visitation program for low-income, first-time mothers to improve family	Effective*

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Parent Training (cont'd)		functioning.	
	Parent–Child Interaction Therapy (PCIT)	Teaches parents new interaction and discipline skills to reduce child problem behaviors and parental physical child abuse by improving relationships and responses to difficult behavior.	Effective*
	Perry Preschool Project	Provides high-quality education for disadvantaged children ages 3 to 4 to improve their capacity for future success in school and in life.	Effective
	Safe Dates	A school-based prevention program for middle and high school students designed to stop or prevent the initiation of dating violence victimization and perpetration	Effective
	SNAP® Under 12 Outreach Project	A specialized, family-focused intervention for boys under 12 who display aggressive and antisocial behavior problems.	Effective*
	Strengthening Families Program: For Parents and Youth 10–14	An adaptation of the Strengthening Families Program that aims to reduce substance use and behavior problems during adolescence through improved skills in nurturing and child management by parents and improved interpersonal and personal competencies among youths.	Effective*
	Strong African American Families (SAAF)	A 7-week alcohol-, drug use-, and early sexual activity–reduction program concentrating on rural African American youths (ages 10–14) that improves parenting practices and family communication and teaches the youths resistance skills.	Effective
	The Incredible Years	A parent training, teacher training, and child social skills training approach to reducing challenging behaviors in children and increasing their social and self-control skills.	Effective*
	Trauma-Focused Cognitive Behavioral Therapy (TF–CBT)	A treatment intervention designed to help children and their parents overcome the negative effects and emotional distress of traumatic life events such as child sexual or physical abuse.	Effective*
	Triple P – Positive Parenting Program	A multilevel system designed to enhance parental competence and prevent or alter dysfunctional parenting practices. By enhancing parenting practices, the program aims to reduce family risk factors for child maltreatment and children’s behavioral and emotional problems.	Effective
Strategy	Program Name	Program Summary	Rating
Drug/Alcohol Therapy/Education	Adolescent Community Reinforcement Approach	An outpatient program targeting youth 13 to 25 years of age that aims to replace activities that support alcohol and drug use with positive behaviors that support recovery.	Effective*
	Family Matters	A family-directed program to reduce tobacco and alcohol use among 12- to 14-year-olds.	Effective
	Jackson County (Ore.) Community Family Court	A family drug court program for parents with admitted substance abuse allegations whose children are wards of the State of Oregon and are in the custody of the Department of Human Services.	Effective
	Multidimensional Family Therapy	A manualized family-based treatment and substance abuse prevention program developed for adolescents with drug and behavior problems. The program is typically delivered in an outpatient setting, but it can also be used in inpatient settings.	Effective*
	Multisystemic Therapy–Substance Abuse	A version of Multisystemic Therapy (MST) targeted to adolescents with substance abuse and dependency issues.	Effective*

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Strategy	Program Name	Program Summary	Rating
Vocational/Job Training	Career Academy	Schools, within schools, that link students with peers, teachers, and community partners in a disciplined environment, fostering academic success, mental and emotional health, and labor market success.	Effective*
Strategy	Program Name	Program Summary	Rating
Group Home	Multidimensional Treatment Foster Care–Adolescents	A behavioral treatment alternative to residential placement for adolescents who have problems with chronic antisocial behavior, emotional disturbance, and delinquency.	Effective*
Strategy	Program Name	Program Summary	Rating
Residential Treatment Center	Multidimensional Treatment Foster Care–Adolescents	A behavioral treatment alternative to residential placement for adolescents who have problems with chronic antisocial behavior, emotional disturbance, and delinquency.	Effective*
Strategy	Program Name	Program Summary	Rating
Drug Court	Jackson County (Ore.) Community Family Court	A family drug court program for parents with admitted substance abuse allegations whose children are wards of the State of Oregon and are in the custody of the Department of Human Services.	Effective
Strategy	Program Name	Program Summary	Rating
Probation Services	Functional Family Therapy (FFT)	A family-based prevention and intervention program for at-risk youths ages 11 to 18.	Effective*
	Kirkholt (England) Burglary Prevention Project	A burglary reduction program that involved working with burglary victims, their neighbors, and potential offenders to remove opportunities and motivations to commit burglary.	Effective
Strategy	Program Name	Program Summary	Rating
Aftercare	Adolescent Community Reinforcement Approach	An outpatient program targeting youth 13 to 25 years of age that aims to replace activities that support alcohol and drug use with positive behaviors that support recovery.	Effective*
Strategy	Program Name	Program Summary	Rating
Problem Oriented Policing	Operation Ceasefire (Boston, Mass.)	A problem-solving police strategy that seeks to reduce gang violence, illegal gun possession, and gun violence in communities in Boston, Mass.	Effective*
	Operation Peacekeeper	A community and problem-oriented policing program based in Stockton, Calif., that aims to reduce gang involvement and violence among urban youth aged 10 to 18.	Effective
Strategy	Program Name	Program Summary	Rating
Community Oriented Policing	Operation Peacekeeper	A community and problem-oriented policing program based in Stockton, Calif., that aims to reduce gang involvement and violence among urban youth aged 10 to 18.	Effective

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Strategy	Program Name	Program Summary	Rating
Community Awareness/Mobilization	Adolescent Community Reinforcement Approach	An outpatient program targeting youth 13 to 25 years of age that aims to replace activities that support alcohol and drug use with positive behaviors that support recovery.	Effective*
	Kirkholt (England) Burglary Prevention Project	A burglary reduction program that involved working with burglary victims, their neighbors, and potential offenders to remove opportunities and motivations to commit burglary.	Effective
	Midwestern Prevention Project (MPP)	A school-based comprehensive program intended to promote an antidrug message throughout communities and prevent substance use (alcohol, tobacco, and marijuana) among middle school students.	Effective*
	Operation Ceasefire (Boston, Mass.)	A problem-solving police strategy that seeks to reduce gang violence, illegal gun possession, and gun violence in communities in Boston, Mass.	Effective*
	Operation Peacekeeper	A community and problem-oriented policing program based in Stockton, Calif., that aims to reduce gang involvement and violence among urban youth aged 10 to 18.	Effective
	Street Lighting in Stoke-on-Trent (England)	A program that upgrades street lighting on residential roads and footpaths to decrease crime and fear of crime.	Effective
	Triple P – Positive Parenting Program	A multilevel system designed to enhance parental competence and prevent or alter dysfunctional parenting practices. By enhancing parenting practices, the program aims to reduce family risk factors for child maltreatment and children’s behavioral and emotional problems.	Effective
Strategy	Program Name	Program Summary	Rating
Anti-Bullying	Positive Action	A program that is designed to improve youth academics, behavior, and character and that can be used by schools, families, or communities.	Effective*
	Second Step®: A Violence Prevention Curriculum	A universal prevention program designed to reduce impulsive and aggressive behavior in children and adolescents by increasing their social competency skills.	Effective*
	Steps to Respect®	A school-based antibullying program that teaches social and emotion management skills to elementary school students to improve relationships and buffer the detrimental effects of bullying.	Effective*

Strategies with no effective programs listed

Leadership and Youth Development	Home Confinement	
Alternative School	Gun Court	Wilderness camps
Gender Specific Programming	Mental Health Court	Correctional Facilities
Diversion	Restorative Justice	Day/Evening Reporting Center
Sheltercare	Teen/Youth Court	Reentry Court