

# Health Care Resources

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Portico staff can refer you to community clinics that offer low-cost health care, dental care, and mental health services. Please ask Portico for information about affordable clinics near you. Below are additional resources for low-cost care:

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## Medical Care

### *Assured Access* (612) 348-6141

Discount program for services received at participating providers for Hennepin County residents.

### *Hennepin Care* (612) 873-2767

Hennepin County Medical Center Clinics discount program for residents of Hennepin County. Call to make an appointment with a financial counselor in order to apply.

### *St. Mary's Health Clinics* (651) 287-7777

Neighborhood clinics that provide primary and preventive care at no cost to people without health insurance.

### *Sage Program* 1-888-643-2584

Free mammograms and annual exams for women who meet income guidelines, are uninsured or underinsured, age 40 and older or at high risk for cancer. If you have not used Sage before, mention that you were referred by agency Mn 603 to receive a \$20 bonus for completing your appointments.

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## Public Health Immunization Clinics

Immunizations available for a small fee.

Ramsey County	(651) 266-1234
Washington County	(651) 430-6655
Dakota County	(952) 891-7999
Hennepin County	(612) 348-2884
Anoka County	(763) 422-6965
Scott County	(952) 496-8584
Carver County	(952) 361-1329

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## Mental Health

### *Mental Health Association of Minnesota* (651) 493-6634 or 800-862-1799

Assists individuals in finding access to services and medications or problem-solve a situation on a one-to-one basis.

### *NAMI: National Alliance on Mental Illness* 1-800-950-NAMI

Information, support, and referral for people who are affected by mental illness.

### *County Mental Health Divisions*

Ramsey (651) 266-7900    Scott (952) 445-7751  
Dakota (651) 554-6424    Hennepin (612) 596-9438  
Anoka (763) 422-7070    Carver (952) 361-1600  
Washington(651) 439-6901

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## Community Resources and Crisis

***Mn Crisis Connection: 1-866-379-6363***  
24 hour telephone counseling, intervention,  
and referral line

### ***United Way 211: (651) 291-0211 or dial 2-1-1***

Information on community resources and crisis needs.

### **[www.minnesotahelp.info](http://www.minnesotahelp.info)**

Online directory of Minnesota community resources

### **Mn Disability Linkage Line** 1-866-333-2466

### **Mn Veterans' Linkage Line** 1-888-LINKVET (546-5838)

## Prescription Medication Resources

***\*\*Call your clinic to discuss medication needs. Some clinics may have samples available.\*\****

### Target and Wal-Mart \$4 Generics

Both Target and Wal-Mart offer over 300 different generic medications at \$4 for a 30-day supply. Check your local Target or Wal-Mart pharmacy.  
[www.wal-mart.com](http://www.wal-mart.com) or [www.target.com](http://www.target.com)

### Walgreens Rx Savings Club

Walgreens offers discounts on over 5,000 medications, including over 400 generics at \$12.99 for a 90-day supply. The cost for enrollment is \$20/year (individuals) \$35/year (families). Call 1-866-WCARD-12, talk to your local Walgreens Pharmacist or visit [www.walgreens.com/wcard](http://www.walgreens.com/wcard).

### RxAssist

Provides information about patient assistance programs run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine.  
[www.rxassist.org](http://www.rxassist.org)

### RxConnect

Helps people determine for which patient assistance programs they may qualify.  
1-800-333-2433  
[www.minnesotarxconnect.com](http://www.minnesotarxconnect.com)

### Together Rx Access Program

Sponsored by 13 pharmaceutical companies. Apply for a free card and get a 20-40% discount on some medications from these companies. There are eligibility requirements.  
1-800-444-4106  
[www.togetherrxaccess.com](http://www.togetherrxaccess.com)

### Ramsey County Rx

A free program for residents of Ramsey County providing a discount of up to 30% on medications at participating pharmacies. Cards can be picked up at Ramsey County libraries, Workforce Centers and the Dept of Health. Mail order available.  
651-266-8000  
or <https://www.caremark.com/wps/portal>

### Dakota County Pharmacy Discount Drug Card Program

An easy-to-use program for residents of Dakota County, this program helps make prescription drugs more affordable for those who do not have insurance coverage for medications. Free to join and no registration is required. Call to find out which pharmacies are participating.  
651-554-6115  
[www.dakotacounty.us/publichealth](http://www.dakotacounty.us/publichealth)

### Other Websites

[www.needymeds.org](http://www.needymeds.org)

[www.pparx.org](http://www.pparx.org) (1.888.477.2669)

Both of these websites provide information on programs that offer low-cost drugs. You can search by brand or generic drug name or pharmaceutical company name to see which programs may be available for medications you are taking.