

ICSI Obesity and Chronic Disease Prevention Guideline Clinical Activities

The activity matrix below identifies all clinical activities for doctors and clinic staff that are included in the Obesity and Primary Prevention of Chronic Disease (PPCD) ICSI guidelines.

ICSI Guideline Components for Health Care Providers	Perform Screening	BMI	
	Discuss results with all patients at all preventive and chronic disease visits		
	Perform screening	Nutrition	
	Provide counseling or reinforcement		
	Provide referral(s) if appropriate		
	Follow-up on patient recommendations and referrals		
	Perform screening	Physical Activity	
	Provide counseling or reinforcement		
	Provide referral(s) if appropriate		
	Follow-up on patient recommendations and referrals		
	Perform screening	Tobacco	
	Provide counseling or reinforcement		
	Provide referral(s) if appropriate		
	Follow-up on patient recommendations and referrals		
	Perform screening	Alcohol	
	Provide counseling or reinforcement		
	Provide referral(s) if appropriate		
	Follow-up on patient recommendations and referrals		
	Documentation of all activities in Patient Charts		
	Improving coordination and use of clinic and community resources as part of the clinic's referral network		