



Phillips Community SHAPE 2002

Community overview

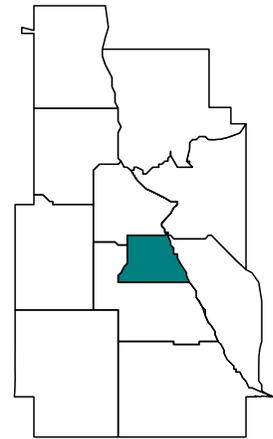
Some of the factors that affect the health and well-being of the Phillips Community include the age, income, and racial diversity of its residents. Almost one third (32 percent) of Phillips Community residents are children under age 18, which is much higher than the rate for Minneapolis as a whole (22 percent). There is a high proportion of populations of color in this community, and nearly a third of residents are immigrants. Additionally, two-thirds of Phillips residents live with incomes less than 200 percent of poverty, which is the highest concentration of poverty among communities in the City. Many health conditions and barriers to health care services disproportionately affect populations of color, immigrants, and people living in poverty.

Key findings

- 52 percent of Phillips residents said they thought they could have a large or moderate impact in making their community a better place to live.
- Most Phillips residents said that they felt secure living in the community (62 percent) and that it was a good place in which to raise children (54 percent).
- Tightly-knit neighborhoods can be assets to community building and enhancing the quality of life. Additional efforts to increase resident interaction and participation in neighborhood events among Phillips residents should be considered.
- Indicators of financial distress in Phillips were more pronounced than those for the City overall. In the past year, 24 percent of residents worried about food running out before they had money to buy more, 10 percent missed a rent or mortgage payment, and 13 percent used a food shelf.
- Government programs as well as community social services help form the safety net to address the needs of residents in economic distress. Recent budget cuts severely threaten this safety net and are likely to disproportionately impact this community.
- Smoking in the home was reported for a high percentage (26 percent) of households that included children age six and younger. Second-hand smoke poses serious health hazards, especially to young children. This rate for Phillips is over twice that of the overall City rate (12 percent).
- Parents of young children should try to maintain smoke-free homes for their children.
- Over half (53 percent) of Phillips adults are overweight. While 59 percent of Phillips residents get adequate moderate or vigorous exercise, additional analysis at the City level shows that overweight individuals are less likely to get adequate exercise than those who are not overweight.
- Communities can foster healthier lifestyles by supporting community gardens, farmers' markets, walking clubs and/or walking and biking paths.
- While 16 percent of Phillips adults have been diagnosed with depression, 40 percent of residents who wanted mental health care either delayed or did not receive it. Lack of insurance coverage and concerns about cost were the most frequently cited reasons for this delay.
- One-third (34 percent) of Phillips residents were uninsured either part or all of the past year. People without health insurance are more likely to forgo needed care, and less likely to receive preventive services and routine care.

The Phillips Community, while mostly residential, is also home to several large hospitals and businesses.

The Phillips community is unique in that it is composed of a single neighborhood named Phillips. Due to the redistricting of City Wards in 2002, the Phillips Community includes portions of Wards 6 and 9 effective January 2006.



Phillips Community

U.S. Census Data

1990 Population: 17,247
2000 Population: 19,805

2000 Population Characteristics

Race/Ethnicity

American Indian	2,352
Asian:	1,216
Black	5,825
White	6,258
Multiracial or other	4,154
Hispanic	4,385

*Hispanics may be of any race.

Percentage who are immigrants
31.2%

Percentage below 200% of poverty
66.0%

Age

0-17	6,336
18-34	6,338
35-64	5,375
65+	1,756

	Phillips Community %	Minneapolis %
Community Engagement		
Can have moderate/large community impact	51.8	60.5
Involved in neighborhood or school activities weekly	24.2	24.6
People can depend on each other	69.9	80.1
Feel secure living here	61.5	81.0
Good community to raise kids	54.4	73.1
Can get help from others in community	69.6	73.4

Financial Distress		
Missed rent or mortgage payment in past year	9.9	6.2
Worried about food running out	24.3	12.1
Food shelf use	13.3	3.6

Healthy Homes for Children¹		
Child exposed to chipped paint (In homes built before 1978)	N/A	27.7
Child exposed to in-home second-hand smoke	25.5	12.3

Health Care Access		
Uninsured part/all of last year	34.1	17.9
Regular source of care	74.2	84.1
Delayed or did not get medical care ²	24.2	17.1
Delayed or did not get mental health care ²	39.6	36.6
Used internet to access health information	23.8	39.8

Health Conditions (Ever been diagnosed)		
High blood pressure	13.4	16.5
Depression	15.6	14.6
Diabetes	7.3	5.0

Health Screenings		
Met mammogram guidelines (Women age 40+)	52.0	66.4
Met prostate screening guidelines (Men age 50+)	71.5	79.8
Cholesterol check in past 5 years	49.8	66.4

Health Behaviors		
Met moderate or vigorous exercise guidelines	58.9	60.5
Current smoking	23.9	20.7
Binge drinking in past month	14.8	19.1
Overweight	52.5	47.3

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If you need this document in an alternative format, please call: 612-673-2301 or TTY 612-673-2157 (General City Information).

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About SHAPE 2002

The Survey of the Health of Adults, the Population and the Environment (SHAPE) project is a collaborative effort of the Hennepin County Community Health Department, the Minneapolis Department of Health and Family Support, and the Bloomington Division of Health.

SHAPE 2002 interviewed 6,638 Minneapolis adults age 18 and over in 2002. Special effort was made to make possible the analysis of data at the community level.

¹ Among households with children under age 6.

² Among those who wanted care.

N/A: Not available, sample size too small.

