



Calhoun-Isles Community SHAPE 2002

Community overview

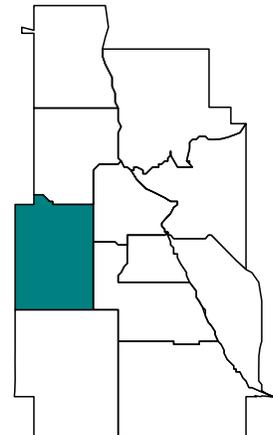
Some of the factors that affect the health and well-being of the Calhoun-Isles Community include the age, income, and racial composition of its residents. The Community includes a higher percentage of 18-34 year olds than in the City as a whole. Young adulthood is often the healthiest period of a person's life. While the populations of color increased in this community by almost 50 percent over the past decade, Calhoun-Isles remains predominantly white. In addition, the Community has a relatively low level of poverty compared to the City overall. As a result, Calhoun-Isles Community residents tend to enjoy a healthy and cohesive community environment.

Key findings

- More than two-thirds (68 percent) of Calhoun-Isles residents said they thought they could have a large or moderate impact in making their community a better place to live.
- The vast majority of Calhoun-Isles residents said that they felt secure living in the community (93 percent) and that it was a good place in which to raise children (83 percent).
- Tightly-knit neighborhoods throughout Calhoun-Isles can be assets to community building and enhancing the quality of life. Continued efforts to support resident interaction and participation in neighborhood events among Calhoun-Isles residents should be encouraged.
- Indicators of financial distress in Calhoun-Isles were lower than those for the City overall. In the past year, 7 percent of residents worried about food running out before they had money to buy more, and 4 percent missed a rent or mortgage payment.
- Smoking in the home was reported by a relatively low proportion (5 percent) of households that included children age six and younger. Second-hand smoke poses serious health hazards, especially to young children. This Community percentage is less than half that found in the City overall (12 percent).
- One-third (34 percent) of the families with young children living in houses built before 1978 in Calhoun-Isles are exposed to chipped or peeling paint. These children are at increased risk of lead exposure.
- All Minneapolis children under age 6 need to be tested for lead.
- 39 percent of Calhoun-Isles adults are overweight. While 64 percent of Calhoun-Isles residents get adequate moderate or vigorous exercise, additional analysis at the City level shows that overweight individuals are less likely to get adequate exercise than those who are not overweight.
- Communities can foster healthier lifestyles by supporting community gardens and farmers' markets. Walking clubs should also be established to take advantage of the many paths found in the Calhoun-Isles area.
- While 19 percent of Calhoun-Isles adults have been diagnosed with depression, more than one-third (36 percent) of residents who wanted mental health care either delayed or did not get it. Lack of insurance coverage and concerns about cost were the most frequently cited reasons for this delay.

The Calhoun-Isles Community is located in the western part of Minneapolis, and includes Cedar Lake, Lake of the Isles, and Lake Calhoun. Parks account for nearly one-third of this community's 3,000 acres.

The nine neighborhoods that make up this community are: Bryn-Mawr, CARAG, Cedar Isles Dean, East Isles, ECCO, Kenwood, Lowry Hill, Lowry Hill East, and West Calhoun. Due to the redistricting of City Wards in 2002, the Calhoun-Isles Community includes portions of Wards 5, 7, 10, and 13 effective January 2006.



Calhoun-Isles Community

U.S. Census Data

1990 Population	30,322
2000 Population	30,429

2000 Population Characteristics

<i>Race/Ethnicity</i>	
American Indian	155
Asian	846
Black	1,103
White	27,468
Multiracial or other	857
Hispanic*	728
*Hispanics may be of any race.	

Percentage who are immigrants
7.0%

Percentage below 200% of poverty
17.6%

<i>Age</i>	
0-17	3,023
18-34	14,112
35-64	10,774
65+	2,520

	Calhoun- Isles Community %	Minneapolis %
Community Engagement		
Can have moderate/large community impact	68.2	60.5
Involved in neighborhood or school activities weekly	22.7	24.6
People can depend on each other	82.6	80.1
Feel secure living here	92.5	81.0
Good community to raise kids	82.5	73.1
Can get help from others in community	73.2	73.4
Financial Distress		
Missed rent or mortgage payment in past year	4.0	6.2
Worried about food running out	6.7	12.1
Food shelf use	0.9	3.6
Healthy Homes for Children¹		
Child exposed to chipped paint (In homes built before 1978)	34.4	27.7
Child exposed to in-home second-hand smoke	4.6	12.3
Health Care Access		
Uninsured part/all of last year	12.9	17.9
Regular source of care	84.6	84.1
Delayed or did not get medical care ²	16.7	17.1
Delayed or did not get mental health care ²	36.3	36.6
Used internet to access health information	52.1	39.8
Health Conditions (Ever been diagnosed)		
High blood pressure	16.4	16.5
Depression	18.8	14.6
Diabetes	3.3	5.0
Health Screenings		
Met mammogram guidelines (Women age 40+)	74.1	66.4
Met prostate screening guidelines (Men age 50+)	85.6	79.8
Cholesterol check in past 5 years	73.1	66.4
Health Behaviors		
Met moderate or vigorous exercise guidelines	63.6	60.5
Current smoking	17.8	20.7
Binge drinking in past month	21.9	19.1
Overweight	39.1	47.3

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If you need this document in an alternative format, please call: 612-673-2301 or TTY 612-673-2157 (General City Information).

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About SHAPE 2002

The Survey of the Health of Adults, the Population and the Environment (SHAPE) project is a collaborative effort of the Hennepin County Community Health Department, the Minneapolis Department of Health and Family Support, and the Bloomington Division of Health.

SHAPE 2002 interviewed 6,638 Minneapolis adults age 18 and over in 2002. Special effort was made to make possible the analysis of data at the community level.

¹ Among households with children under age 6.

² Among those who wanted care.

N/A: Not available, sample size too small.

