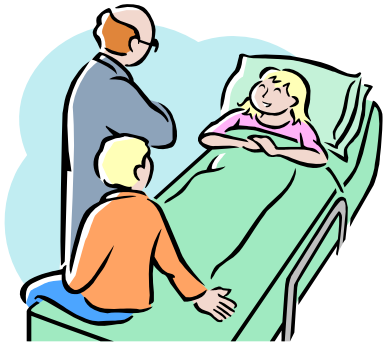


Txhua hnub, 300 tus menyuam yaus uas raug mob los ntawm kev raug dej kub hlab tau coj mus cov chav ntsuam xyuas kev xwm txheej xwm ceev.

Lawv twb tsis tau nyob ze nplaim hluav taws li. Cov menyuam yog cov neeg raug tsim txom ntawm kev dej kub hlab.

Cov kev kub hlab (tsim los ntawm cov kua kub, pa kub lossis zaub mov kub) yog yam kub mob tshaj ntawm cov menyuam muaj hnoob nyoog 4 xyoos thiab yau dua. Thaum 2007, tebchaws U.S. cov tsev kho mob tau pab kwv yees li ntawm 16,000 tus menyuam yau dua 5 xyoos rau kev hlab uas kub, raws li lub Chaw Tswj Kev Nyab Xeeb Ntawm Khoom Rau Tibneeg (Consumer Product Safety Commission). Thiab, qhov ntsuas kev tuag los ntawm kev hlab uas kub siab tshaj rau cov menyuam yaus uas yau dua 4 xyoos.

Thaum cov kev raug mob thiab cov kob cuj (number) tseem ua rau muaj kev ntxhov siab, tseem muaj qhov tab kaum uas yog qhov tseeb hais tias ntau qhov kev hlab kub no twb tsim nyog yuav tiv thaiv tau lawm.

TSEEB! Txhua xyoo, muaj li ntawm 528 cov menyuam muaj hnoob nyoog 14 xyoos thiab rov los tau tag simneej vim cov hluav taws uas tsis yog txhob txwm ua- thiab kev raug mob uas txuam-los ntawm kev kub.

MINNEAPOLIS EMT FIRE RESCUE

www.ci.minneapolis.mn.us/fire

Koom tes nrog

MINNESOTA PUBLIC SAFETY STATE FIRE MARSHAL

www.fire.state.mn.us

COV KEV HLAB UAS KUB MOB

KUB:

Tsis tas yuav yog nplaim hluav taws xwb thiaj kub tau

Kev Hlab Tshwm Li Cas?

Cuaj caum-tsib feem pua ntawm kev hlab tshwm hauv cov tsev tibneeg nyob. Kev hlab uas kub yog tej yam txuam nrog yam uas niaj hnub ua — da dej, ua noj thiab noj zaub mov — thiab feem ntau tshwm rau menyuam yaus vim tsis muaj tus laus saib xyuas lossis tshuav tsis muaj kev tiv thaiv. Cov yau tej zaum yuav tsis to taub lossis twb tsis paub txog qhov yuav tau ceevfaj ntawm cov kua kub (tshwjxeeb dej) thiab zaub mov; lawv ntseeg yoojyim tias cov laus yuav muab kev nyab xeeb rau lawv.

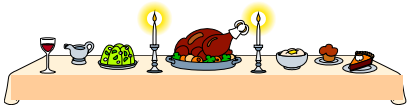
Qhov ntxiv, cov menyuam yaus muaj tawv nqaij nyias dua uas kub ceev dua li cov laus. Txhua tus neeg tsis hais hnoob nyoog los yeej raug kub tau li 30 feeb los ntawm kua ntws uas yog 130° F; thaum nyob ntawm 140° F, nws tsuas siv li tsib feeb xwb; thaum nyob ntawm 160° degree, nws tsuas siv li ib feeb. Rau cov menyuam yau dua 5 xyoos, cov kev kub no tsim tau kev kub siv sijhawm ib nrab cov saud xwb.

Kev Tiv Thaiv Kev Hlab

Raws li lub qhov kev Sib Tw Txog Kev Ruaj Ntseg Rau Cov Menyuam Thoob Tebchaw (National Safe Kids Campaign), ntau qhov kev hlab, tshwm thaum da dej. Kev saib xyuas menyuas yaus tas mus li yog ib nqi uas tseemceeb tshaj hauv kev tiv thaiv dej-kais cov kev kub raug mob, tiamsis muaj tej qhov kev tiv thaiv yoojyim ntxiv uas ua yuav tau. Cov no yog xws li tso lub taub dej kub qhov kub los rau 120° F lossis qis dua thiab nruab lub pob tiv thaiv kev hlab ntawm cov kais dej thiab cov hau tsuag dej.

Thaum muab menyuam da dej, tso dej txias rau lub dab dej ua ntej. Tso cov dej sov los tov tib zoo thiab tso tus menyuam kom deb tus kais dej. Qhov kub thiab txias ntawm cov dej uas da cia kom yog li ntawm 100° F. Sim qhov kub thiab txias los ntawm qhov siv koj txhais tes yoj ceev mus chwv cov dej. Yog cov dej xws li kub rau tus laus, ces nws kub dhau rau tus menyuam lawm.

Cov kev pab los tiv thaiv cov kev hlab hauv chav tsev ua noj uas sim cov zaub mov uas kub thiab cov kua ua ntej muab rau cov menyuam thiab kom menyuam txhob los ze ntawm qhov chaw ua noj thiab chaw ciav dej thaum tseem siv.



Tsis tas li xwb, yuav tau paub tias cov menyuam tseem yau yuav rub tau cov ntaub pua rooj thiab cov hlua rau cov khoom siv ua haujlwm, nchuav cov khoom kub rau lawv tus kheej, yog li nws tseemceeb uas yuav tau khaws cov zaub mov thiab cov kua kom deb ntawm npoo txee thiab cov rooj.

Lwm qhov kev pab txog kev ruaj ntseg yog tsis txhob siv cov ntaub pua taw rooj hauv lub chav ua noj. Tej ntawd ua tau rau kev ntog, uas tej zaum kuj tsim tau cov kev hlab.

Cov kev qhia pab no tej zaum kuj zoo li yam uas twb paub lawm thiab yoojyim, tiamsis kuj qhia tau cov kev tshwm sim muaj los, tej ntawd yuav tsis zoo ua tas los ua dua.

Nqis Tes Ceev

Yog koj ua tim khawv rau ib qhov kev kub, lossis tau kub koj tus kheej, qhov koj ua sai, yog qhov zoo tshaj. Tso thaj tsam uas raug mob ntawd rau hauv dej txias tsim tsawv uas huv li 5 feeb. Qhov no yuav cheem kom txhob muaj kev puas tshwm ntxiv. Tsi txhob muab dej nkoog tso rau qhov kub ntawd. Tsi txhob pleev roj lossis tshuaj rau qhov kub ntawd. Tsi txhob pluam cov hlwv. Tej ntawd yeej yuav mus thaum daim nqaij zoo zuj zus ntawm tus kheej.

Tso ib daim ntaub tsis nplaum loa qhwv rau. Maj mam hloov daim ntaub qhwv thiab tu thaj tsam ntawd kom huv si ib hnub ib zaug, nquag tu yog tias nwg ho tsi huv. Yog cov hlwv tawg, ntxuav thaj tsam ntawd nrog xum npum thiab dej, ces tso ib cov tshuaj pab tua kab mob thiab rov muab daim ntaub huv qhwv dua rau.

Mus ntsib ib tug kws kho mob yog koj pom muaj tej qho qhia tau tias muaj kab mob txuam rau lawm, xws li qhov liab ib ncig ntawm thaj tsam, o, kub lug, ua paug lossis yeej tsi zoo li ntawm ob peb hnub.

Mus cuag cov kho mob ceev yog qhov kev kub ntawd:

- txuam rau txhais tes, kotaw, ntsej muag, tej chaw mos lossis pob qij txha loj.
- yog loj tshaj li 2 rau 3 nti dav.