



**Request for City Council Committee Action  
From the Department of Health & Family Support**

**Date:** January 29, 2007

**To:** HEALTH, ENERGY AND ENVIRONMENT COMMITTEE  
**Referral to:** WAYS & MEANS/BUDGET COMMITTEE

**Subject:** ACCEPT CONTRACT FROM BLUE CROSS BLUE SHIELD OF MINNESOTA FOR THE "GET FIT COMMUNITY EDUCATION" PROGRAM

**Recommendation:**

Council authorization for the proper City officials to:

1. contract with Blue Cross Blue Shield of Minnesota to accept an estimated revenue of \$25,636 for the "Get Fit Community Education Program", and
2. increase both the revenue budget (revenue source code 3720) and the 2007 appropriation in fund/org 0600-860-8615 by \$25,636.

**Previous Directives:** None

**Prepared or Submitted by:** Becky McIntosh, Director of Planning & Administration  
Phone: x2884

**Approved by:**

\_\_\_\_\_  
Gretchen Musicant, Commissioner of Health

**Permanent Review Committee (PRC):** Approval \_\_\_\_ Not Applicable X  
**Policy Review Group (PRG)** Approval \_\_\_\_ Date of Approval \_\_\_\_ Not Applicable X

**Presenters in Committee:** Gretchen Musicant, Commissioner of Health

**Financial Impact (Check those that apply)**

- X Action requires an appropriation increase to the \_\_\_\_ Capital Budget or X Operating Budget.  
X Action provides increased revenue for appropriation increase.

**Background/Supporting Information Attached**

The Department is requesting authorization to accept these contract funds from Blue Cross Blue Shield of Minnesota to partner with Minneapolis Public Schools Community Education to offer Get Fit Community Education classes for participants of Steps to a Healthier Minneapolis' "Get Fit Twin Cities" Initiative. Get Fit Community Education classes will be offered at Community Education sites in the Near North and Phillips Communities of Minneapolis, targeting primarily diverse populations. The project will offer four different types of physical activity: 1) open fitness (use of weight and fitness machines), 2) weight management classes, 3) basic movement, and 4) family fitness nights.