



**Request for City Council Committee Action  
From the Department of Health & Family Support**

**Date:** December 28, 2006

**To:** HEALTH, ENERGY AND ENVIRONMENT COMMITTEE  
**Referral to:** WAYS & MEANS/BUDGET COMMITTEE

**Subject:** AUTHORIZATION TO CONTRACT WITH AXIA HEALTH  
MANAGEMENT, INC. AND ACCEPT REVENUE FOR THE MEDICA<sup>®</sup>  
SKYWAY SENIOR CENTER

**Recommendation:**

Council authorization for the proper City officials to:

1. contract with Axia Health Management, Inc. to accept on-going revenues for the "Silver Sneakers" health and fitness program at the Medica<sup>®</sup> Skyway Senior Center, and authorize the Commissioner of Health to sign agreements with Axia Health Management, Inc. on behalf of the City.
2. set up the proper accounts in fund/org 0600-860-8607 (revenue code 3720) to receive payments for services from Axia Health Management, Inc.

**Previous Directives:** None

**Prepared or Submitted by:** Becky McIntosh, Director of Planning & Administration  
Phone: x2884

**Approved by:**

\_\_\_\_\_  
Gretchen Musicant, Commissioner of Health

**Permanent Review Committee (PRC):** Approval \_\_\_\_ Not Applicable  X   
**Policy Review Group (PRG)** Approval \_\_\_\_ Date of Approval \_\_\_\_ Not Applicable  X

**Presenters in Committee:** Gretchen Musicant, Commissioner of Health  
Ruth Kildow, Senior Ombudsman

**Financial Impact (Check those that apply)**

X  Action provides increased revenue for appropriation increase.

**Background/Supporting Information Attached**

The Department is requesting approval to enter into an agreement with Axia Health Management, Inc. for the Medica<sup>®</sup> Skyway Senior Center to provide fitness services under the "Silver Sneakers" program for seniors who are Medica Health Plan members. This agreement would subsidize for eligible Medica members the basic fitness services already being provided by the Center. The amount of payment/revenue for services to be provided is not known at this time and is anticipated to vary annually due to the shifting Center user population.