



**Request for City Council Committee Action  
From the Department of Health & Family Support**

**Date:** August 16, 2004

**To:** HEALTH & HUMAN SERVICES COMMITTEE  
**Referral to:** WAYS & MEANS/BUDGET

**Subject:** REQUEST TO APPLY FOR A RESEARCH GRANT FROM THE NATIONAL INSTITUTE OF HEALTH ON WOMEN'S MENTAL HEALTH IN THE PERINATAL PERIOD

**Recommendation:**

Council authorization to apply for a grant of up to \$275,000 from the National Institutes of Health to research a screening and referral mechanism to identify and respond to women who experience depression and other mental health problems during pregnancy and the postpartum period. Fund/org 0600-860-8618.

**Previous Directives: None**

**Prepared or Submitted by:** Becky McIntosh, Director of Planning & Administration  
Phone: x2884

**Approved by:** \_\_\_\_\_  
Ken Dahl, Interim Commissioner

**Presenters in Committee:** Pat Harrison, PhD, Director of Research and Evaluation

**Financial Impact** (Check those that apply)

Other financial impact (Explain): A grant of \$275,000 could be awarded to the City of Minneapolis for the period July 1, 2005 through June 30, 2007.

**Background/Supporting Information Attached**

The Department of Health and Family Support requests authorization to apply for a grant from the National Institutes of Health to increase screening for depression and other mental health problems among women during pregnancy and the postpartum period, and refer woman at risk to mental health providers. Confidential screening would be provided through an automated telephone system available to all pregnant and postpartum women who live in Minneapolis. The Department would collaborate with Hennepin Faculty Associates in project design and implementation. It is estimated that 300 women would participate in the project. If approved for funding, the City could receive a grant of \$275,000.