



**Request for City Council Committee Action
From the Department of Health & Family Support**

Date: September 29, 2008

To: HEALTH, ENERGY AND ENVIRONMENT COMMITTEE
Referral to: WAYS & MEANS/BUDGET COMMITTEE

Subject: ACCEPT GRANT FROM THE MEDICA FOUNDATION FOR THE *I-CAN PREVENT DIABETES* PROJECT

Recommendation:

Council authorization for the proper City officials to:

1. to accept a grant from the Medica Foundation for \$24,245 for implementation of the *I-CAN Prevent Diabetes* Project, and
2. increase both the revenue budget in fund/department 01600-8600130 (revenue code 372001) and the 2008 appropriation in fund/department 01600-8600130 by \$24,245.

Previous Directives: None

Prepared or Submitted by: Becky McIntosh, Director of Planning & Administration
Phone: x2884

Approved by:

Gretchen Musicant, Commissioner of Health

Permanent Review Committee (PRC): Approval ____ Not Applicable X
Policy Review Group (PRG) Approval ____ Date of Approval ____ Not Applicable X

Presenters in Committee: Gretchen Musicant, Commissioner of Health

Financial Impact (Check those that apply)

X Action requires an appropriation increase to the ____ Capital Budget or X Operating Budget.

X Action provides increased revenue for appropriation increase.

Background/Supporting Information Attached

The department requested and received a \$24,245 grant from the Medica Foundation to partner with clinics and community-based organizations to deliver *I-CAN Prevent Diabetes* program. This is a 16-week group-based lifestyle change program designed to prevent diabetes in persons with pre-diabetes through weight loss, increased physical activity, and improved dietary behaviors. Funds will be used to subcontract with community agencies to offer the program to patients recruited from clinics and community settings located in Minneapolis neighborhoods with the greatest health disparities (i.e., Phillips, North Minneapolis, Central, and Powderhorn).