



**Request for City Council Committee Action  
From the Department of Health & Family Support**

**Date:** December 3, 2007

**To:** WAYS & MEANS/BUDGET COMMITTEE

**Subject:** ACCEPT REVENUE FROM HEALTHWAYS HEALTH SUPPORT, INC.  
FOR THE SILVER SNEAKERS PROGRAM AT THE MEDICA  
SKYWAY SENIOR CENTER

**Recommendation:**

Council authorization for the proper City officials to:

1. accept an estimated revenue of \$5,000 from Healthways Health Support, Inc. for the Medica Skyway Senior Center , and
2. increase both the revenue budget in fund/org 0600-860-8607 (revenue source code 3720) and the 2007 appropriation in fund/org 0600-860-8607 by \$5,000.

**Previous Directives:** None

**Prepared or Submitted by:** Becky McIntosh, Director of Planning & Administration  
Phone: x2884

**Approved by:**

\_\_\_\_\_  
Gretchen Musicant, Commissioner of Health

**Permanent Review Committee (PRC):** Approval \_\_\_\_ Not Applicable  X   
**Policy Review Group (PRG)** Approval \_\_\_\_ Date of Approval \_\_\_\_ Not Applicable  X

**Presenters in Committee:** Becky McIntosh

**Financial Impact (Check those that apply)**

X  Action requires an appropriation increase to the \_\_\_\_ Capital Budget or  X  Operating Budget.

X  Action provides increased revenue for appropriation increase.

**Background/Supporting Information Attached**

In January 2007 the Council approved entering into a contract to provide the Silver Sneakers program through the Medica Skyway Senior Center. This is a program to provide fitness services for seniors who are Medica Health Plan members. The agreement subsidizes eligible Medica members for the basic fitness services already being provided by the Center. The agreement provides for a monthly minimum payment of \$250, and an additional \$1.50 per eligible program visit. The revenue projected to be received between October 2007 and December 2008 is \$5,000.