

RESOLUTION _____

RESOLUTION AFFIRMING ACTIVITY-FRIENDLY COMMITMENTS

WHEREAS, *Active Living* is a way of life that integrates physical activity into daily routines. Individuals may do this in a variety of ways such as walking or bicycling for transportation, exercise or pleasure; playing in the park; working in the yard; taking the stairs; and using recreation facilities. The city can play an important role in creating an environment that encourages this activity and

WHEREAS, the City of Minneapolis affirms activity-friendly commitments such as:

- Maintaining and expanding a cohesive system of parks and trails, incorporating accessible neighborhood parks.
- Establishing processes to assess and improve existing local infrastructure to increase physical activity through community design.
- Requiring that neighborhood streets and new development be designed with pedestrians and bicyclists in mind.
- Supporting recreation programs that encourage active living.
- Creating walkable routes to existing schools.
- Encouraging and facilitating physical activity through community design, public policies and communication strategies, such as increasing walkability of communities, into public dialogue.
- Supporting transportation alternatives and increasing measures for pedestrian and bicyclist safety.

NOW THEREFORE, BE IT RESOLVED, that the City of Minneapolis is committed to providing an activity friendly community to its residents.

BE IT FURTHER RESOLVED, that the City Council hereby authorizes the application for The Governor’s Fit City Program.

Adopted by the City Council of the City of _____, Minnesota this ____ day of _____, 20____.

Mayor

ATTEST:

City Clerk