



**Request for City Council Committee Action  
From the Department of Health & Family Support**

**Date:** November 3, 2005

**To:** HEALTH & HUMAN SERVICES COMMITTEE  
**Referral to:** WAYS & MEANS/BUDGET COMMITTEE

**Subject:** AUTHORIZATION TO ISSUE A REQUEST FOR PROPOSALS FOR THE STEPS TO A HEALTHIER MINNEAPOLIS INITIATIVE

**Recommendation:**

Council authorization for the proper City officials to issue a Request for Proposals for the Steps to a Healthier Minneapolis Initiative for community services for the period of January 23, 2006 to September 21, 2007.

**Previous Directives:**

None

**Prepared or Submitted by:** Becky McIntosh, Director of Planning & Administration  
Phone: x2884

**Approved by:**

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Gretchen Musicant, Commissioner of Health

**Presenters in Committee:** Gretchen Musicant, Commissioner of Health

**Financial Impact** (Check those that apply)

No financial impact - or - Action is within current department budget.  
(If checked, go directly to Background/Supporting Information)

**Background/Supporting Information Attached**

The Department is requesting authorization to issue a Request for Proposals for the federally funded Steps to a Healthier Minneapolis Initiative. This is a five year, federally funded initiative to reduce the burden of diabetes, asthma, obesity, and overweight by increasing physical activity, improving nutrition, and reducing tobacco exposure. Steps has multiple target audiences in multiple settings. The program must include individuals in worksites, schools, healthcare settings, and in the community. This Request For Proposals is related to programming in community settings. The target areas in Minneapolis for community interventions include Near North, Northeast and Phillips communities for physical activity, and Near North and Phillips for nutrition. Priority populations in the community setting include lower income African American, American Indian, Latino, Southeast Asian, and Non-Hispanic White adults who are the parents or primary caregivers of children under age 18.

The RFP will be reviewed by the Permanent Review Committee on November 10<sup>th</sup>.