



## **“ICE” Your Cell Phone (In Case of Emergency)**

**It could save your life and notify loved ones!**

Your cell phone can help emergency responders and healthcare workers to identify you and notify your loved ones.

Just program your cell phone’s contact list with the codeword

**“ICE” (In Case of Emergency):**

1. Open your cell phone contact list to create a new entry.
2. Enter the word **ICE** with the name and number of the person you would like contacted in an emergency.
3. To list multiple contacts name the entries **ICE 1, ICE 2, ICE 3.**

Examples:

**ICE 1-Husband-Tom**

**ICE 2-Mother-Mary**

**ICE 3-Son-Joe**

Emergency workers look for the codeword **ICE** when they turn on your phone.  
Help them help you! Program your phone today!

**The purpose of this program is to assist emergency workers and first responders. All others should call 9-1-1 when encountering an emergency situation.**



For more information:  
[www.health.state.mn.us](http://www.health.state.mn.us)  
[www.hsem.state.mn.us](http://www.hsem.state.mn.us)  
[www.co.sherburne.mn.us](http://www.co.sherburne.mn.us)