



2013 Flu Vaccines

What you need to know:

A new formulation of the flu vaccine has been approved by the FDA. MVNA will offer the traditional Trivalent presentation, as well as, the newly approved Quadrivalent. MVNA does not recommend vaccine options but offers the following with guidelines from the CDC and MN Dept of Health. All consumers should make their own medical decisions or consult their primary physician. For more information see <http://www.cdc.gov/flu>.

Talk to your MVNA Clinic Coordinator regarding any specific requests or questions

Traditional Flu Vaccine formulation

TRIVALENT FLU VACCINE – The majority of the flu vaccine manufactured for the 2013/2014 flu season and provided to MVNA clients. Traditional formulation of vaccination protection against three strains (two A strains and one B strain)

- Injectable only -not available in Flumist
- Ages 3 years and up
- Inactivated (dead virus)
- Bill employer contracted rate of \$25; or bill individual without insurance or denied insurance claims \$29

HIGH DOSE -Trivalent formulation

- Ages 65 & older only – Available in limited supply at MVNA senior & public clinics
- This option provides four times the protection of the traditional vaccine
- Developed specifically for older adults who are at greater risk of severe illness associated with influenza
- The cost for individuals \$50 without insurance.

New Vaccine Formulation FDA approved

QUADRIVALENT - Manufactured in limited supply but will be the future formulation

- Injectable and Flumist presentations available
- This vaccine is more comprehensive – the hope is that it will offer more protection.
- Protects against four strains (two A Strains and two B Strains)
- Both presentations Flumist and injectable are preservative free

QUADRIVALENT FLUMIST (nasal spray)

- Live virus
- Ages 2 – 49
- The cost is \$35 without insurance

QUADRIVALENT INJECTABLE

- Ages 3 years & up
- The cost for individuals is \$30 without insurance

MVNA accepts over 17 different insurance plans for your convenience.

For information about accepted insurances, please contact your MVNA Clinic Coordinator.