



**HEALTHY  
LIVING  
INITIATIVE**

**\$1,894,444**

**2014-2015**



Statewide  
Health  
Improvement  
Program

**SHIP**

**H E A L T H R E F O R M**



**Minneapolis**  
Health Department

# Active Living

## Results

**MPHA: Walking Audits  
Walking Clubs**

**Resident Visions for  
Healthy Franklin Avenue**

**Community-Driven Change**

**3000 MPS Students  
Walking Weekly**



**2016: Community-specific activity**

## Thank You

**Minneapolis Public Schools  
Hope Communities  
Waite House**

**Minneapolis High Rise  
Representatives Council**



---

# HEALTHY FOOD ACCESS

---

## Results



Corner Stores Procurement



Gardening Support

Staple Foods Ordinance

287 people connected to community garden support

Better citywide compost system



# Healthy Food Access

## Results

10 Food Programs + 3 Meal Programs: more produce, food policies

Healthy Vending in Parks

8 Restaurants



31% fewer calories  
48% less fat  
49% less sodium

## Thank You

Open Arms, Little Kitchen, Kilamanjaro Restaurant, Los Ocampos, Zakia Deli, Afro Deli, K's Dollar and Deli, La Colonia, La Poblanita, Los Andes, Gardening Matters, Minneapolis Park & Recreation Board, Brightside Distributors, St. Thomas University, Minneapolis High Rise Representatives Council University of Minnesota, Northpoint, Inc., Brightside Distributors, Amigo One Stop, MAIC, St. Mary's Clinics, HAMAA, Indigenous Peoples Task Force, MHRC University of MN and more

**2016...**

# Tobacco Free Living

## Results



Tobacco Flavor and  
Price Ordinance

+95 smoke-free  
properties= 2800 units

~300 people received  
smoking cessation support in  
clinics and public housing



## Thank You

Minneapolis Youth Congress  
Association of Non Smokers  
The Breathe Free Program  
Volunteers of America  
Native American Community  
Clinic, Volunteers  
University of Minnesota

## 2016

What's Next

**Menthol**

**Citywide rental  
assessment**

# Quality Health Care

## Results

Hundreds of children and their families receive weight-management services

Better reimbursement



Thank You  
Native American  
Community Clinic  
Smiley's Clinic  
Broadway Family  
Medicine  
Children's Health Care

MN Partnership on  
Pediatric Obesity Care

MN Prevalence of  
Pre Diabetes



Diabetes  
Prevention

2016



# Other Settings Other Strategies

Worksites



Child Care



## Thank You

Think Small  
Graco, Augustana,  
Olson, CAPI, Centro,  
Division of Indian  
Works, Premium  
Waters, Waite House,  
Children's Dental

Million Artists Movement,  
Migizi Communications,  
Neighborhood Hub, MLK  
Park, YWCA, Appetite for  
Change, Mpls Youth  
Congress, Cookie Cart,  
Backyard Initiative, YMCA  
Edison Beacons, Brian  
Coyle Center,



