

## Request for Committee Action

**To:** Health, Environment & Community Engagement  
**Date:** 8/24/2015  
**From:** Health Department  
**Prepared by:** Becky McIntosh, Director of Administration, x2884  
**Presented by:** Martina Campbell, Senior Public Health Specialist  
**File type:** Action  
**Subcategory:** Contracts & Agreements

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**Subject:**

Contracts for the provision of the National Diabetes Prevention Program (NDPP)

**Description:**

Authorize contracts with the following agencies to provide National Diabetes Prevention Program services for at risk adults who experience racial, ethnic, and/or socioeconomic factors leading to inadequate access to care, or poor quality of care, for the specified amounts from the federal CDC grant from fund/department 01300-8600120:

Native American Community Clinic	\$60,000
Neighborhood HealthSource	\$60,000
Hennepin County Medical Center	\$59,993
Stairstep Foundation	\$56,584
Omada	\$30,000

**Previous Actions:**

None

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**Ward/Neighborhood/Address:**

Select a ward.

Select a neighborhood.

**Background/Analysis:**

The department was awarded funding from the federal Centers for Disease Control and Prevention through the Minnesota Department of Health (MDH) to ensure the continuation of diabetes education services in Minneapolis that were previously funded by MDH. Following a competitive process approved by PRC the above agencies were selected to provide these services for an estimated 13 month project period.

It is the focus of these chosen NDPP providers to offer the National Diabetes prevention classes for Minneapolis residents at high risk of type 2 diabetes by increasing the availability of and access to NDDP classes. Participation in a new Local Diabetes Prevention Network (Minneapolis LDPN) is also a requirement of funding. It is the goal of this local network to develop an Action Plan for raising awareness about the National Diabetes Prevention Program and increase access to classes and diabetes prevention support systems across the City of Minneapolis.

These selected providers have extensive experience teaching these classes and will offer a 16 weeks evidence-based program to adults who have been screened for pre-diabetes or have a family history of gestational diabetes. Pre-diabetes is a condition that will lead to diabetes but can be averted with changes in lifestyle behaviors. Program participants meet with trained

lifestyle coaches and a small group of people and learn about healthy eating, being physical active and how to improve problem solving and coping skills. Sessions meet weekly for the first 6 months and then monthly for second 6 months period. .

It is the goal of this program to teach these at-high risk adults how to make achievable and realistic life style changes and cut their risks of developing diabetes by 58%.

**Financial Review:**

**No additional appropriation required, amount included in current budget.**

- Future budget impact anticipated.**
- Approved by the Permanent Review Committee.**
- Meets Small and Underutilized Business Program goals.**