



Family & Early Childhood

A Healthy Start to Life & Learning
Health Environment & Community Engagement
Committee

June 16, 2014

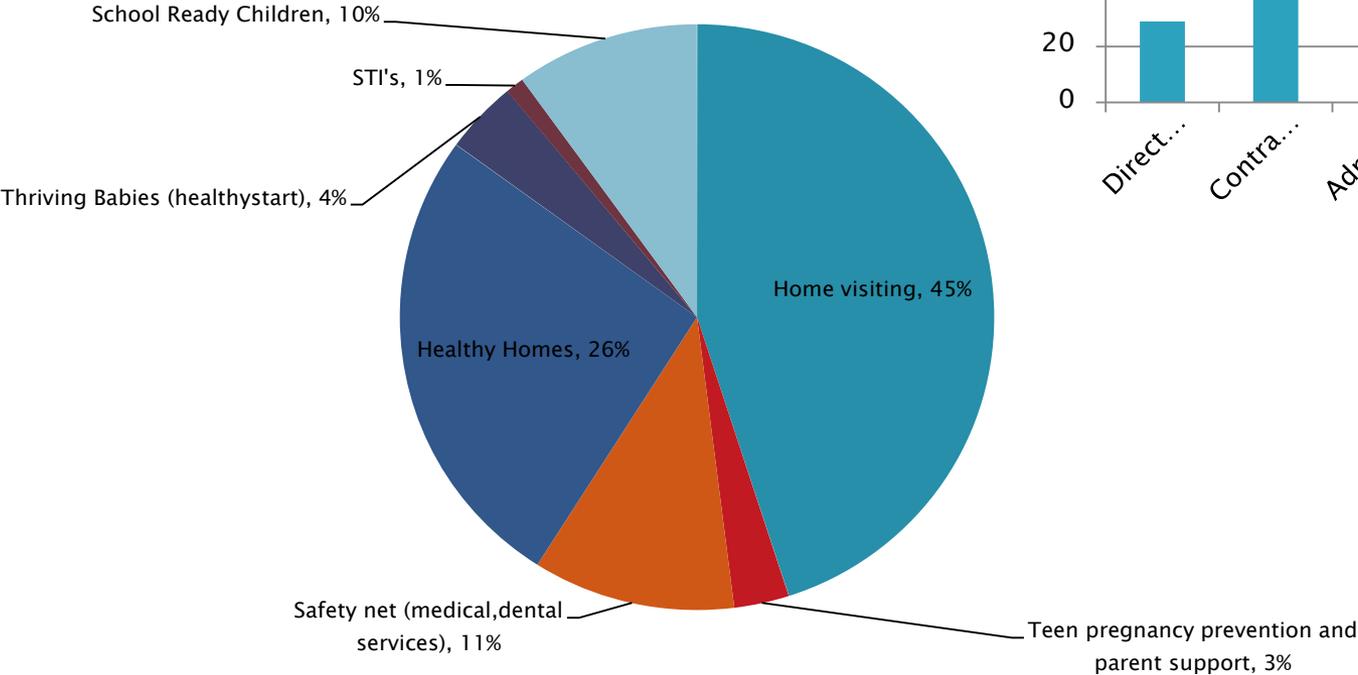
Family & Early Childhood

\$9.29 million investment

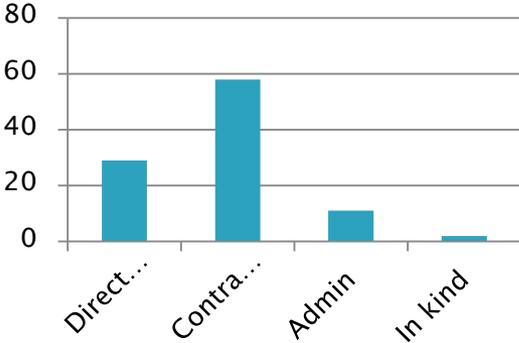


Family and Early Childhood

FEC Contracts 2014



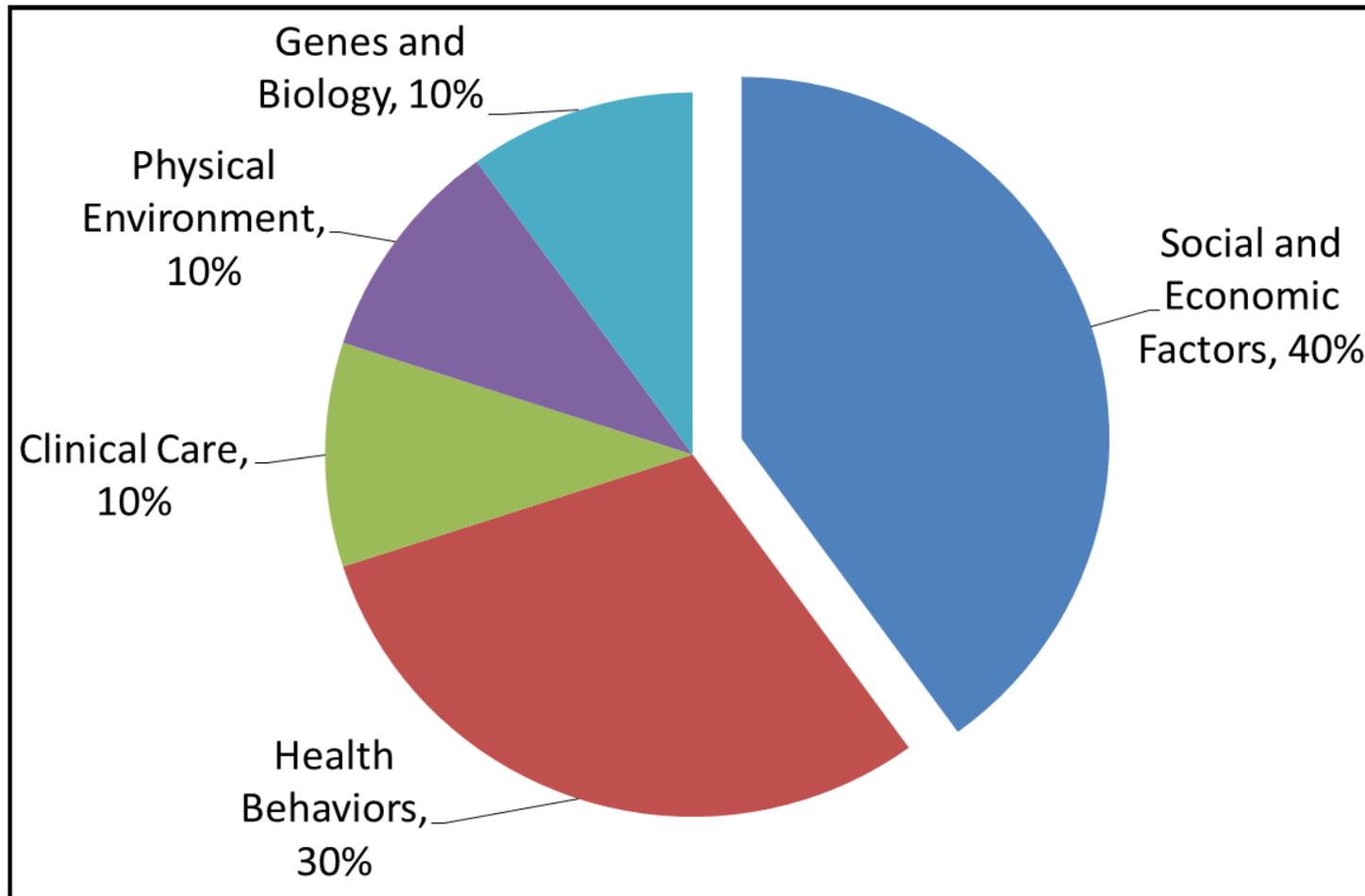
FEC Funding 2014



Burning Issues

- ▶ The share of children under age 18 who live in families with incomes below the federal poverty level in 2012 for Minneapolis is 32%. (Kids Count)
- ▶ Rate of infant mortality in Minneapolis among U.S.–born Black mothers was twice as high as that for foreign–born Black mothers. (14.4 versus 7.2).
- ▶ there were 1,623 homeless children in Hennepin County in 2012. (According to Wilder’s annual count)
- ▶ 55% of adults reported one adverse childhood experiences (ACE), of the 55% reporting one ACE, 60% have at least two ACES. 15% reported having five or more ACE. (Minnesota Department of Health)

Factors that Determine Health



What are ACEs?

- ▶ **Adverse Childhood Experiences (ACEs)** refer to a complex set of highly interrelated experiences that have been shown to have **significant adverse health and/or social implications**.¹
- ▶ **Examples of ACEs include:**
 - **Childhood abuse:** emotional, physical, or sexual
 - **Neglect:** emotional or physical neglect
 - **Growing up in a seriously dysfunctional household**, as evidenced by: witnessing domestic violence, alcohol or other substance abuse in the home, mentally ill or suicidal household members, parental marital discord, mental illness, household member incarceration

- **Why do they matter?**



Adverse Childhood Experiences Are Associated With a Range of Important Outcomes Over a Person's Life

Types of Outcomes Associated With ACEs

Neuroscience and Brain Development

- Executive function
- Cognitive ability
- Self-regulation
- Ability to form attachments

Education Success

- Readiness to learn
- Academic performance
- School drop-out rate
- On-Time graduation

Risk Factors for Poor Health

- Smoking
- Heavy drinking
- Obesity
- Substance abuse
- Risk of HIV

Physical and Behavioral Health

- Cancer
- Diabetes
- Cardiovascular disease
- Asthma
- Auto immune diseases
- Mental distress
- Sleep disturbances
- Nervousness
- Addiction

General Social Problems

- Poor health
- Life dissatisfaction
- Disability impeding daily functioning
- Unemployment
- Homelessness

Risk of Inter-Generational ACEs

- Mental illness
- Loss of a parent
- Victim of family violence
- Adult incarceration
- Substance abuse

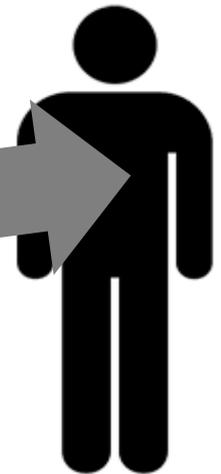
Infancy & Early Childhood



Adolescence



Adulthood



Outcomes Associated with ACEs Over The Course Of A Person's Life



A Healthy Start to Life & Learning

▶ Thriving Babies

- Healthy Start, decrease infant mortality, state infant mortality review
- Promote access to early prenatal care
- Provide home visiting: MVNA, Family Partnership, Hennepin Health Care
- Fund prenatal programs; Centro Cultural Chicano, Inc., Division of Indian Work



A Healthy Start to Life & Learning

- ▶ **Early Childhood Intervention**
 - Close the Loop project (screen at 3)
 - Minneapolis Public Schools early intervention
 - Region 11 Interagency Early Intervention Committee
 - MVNA childhood health screening



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▶ School readiness

- Partner with Minneapolis Public Schools
- Collaborate with NAZ
- Way to Grow school readiness program
- Early childhood scholarships
- Immulink
- Children's Dental
- WIC



A Healthy Start to Life & Learning

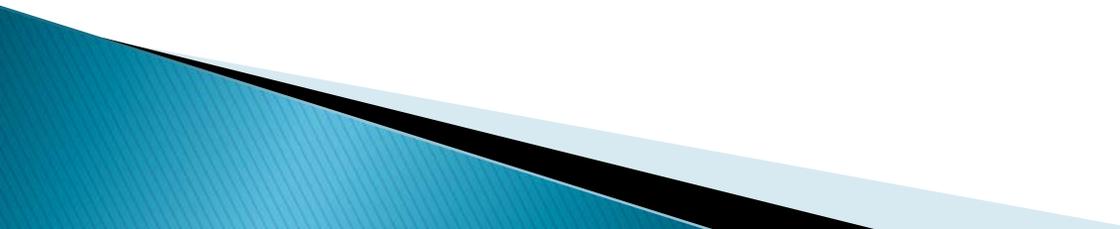
- ▶ **Teen pregnancy prevention and teen parent support**
 - TANF home visiting
 - MFIP Innovations Project
 - School based clinics
 - MCH community agency contracts
 - Sex education/MPS middle schools



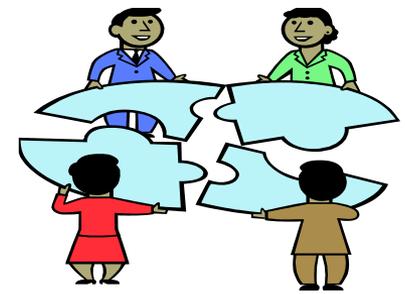
Family & Early Childhood New vision



Family & Early childhood vision

- ▶ Families are supported
 - ▶ Children & Families are healthy and thriving
 - ▶ Children & Families are in safe, stable, affordable housing
 - ▶ Children are nurtured in non-toxic environments
 - ▶ Father, male involvement for all children
 - ▶ No infant mortality
 - ▶ Excellent high school achievements for communities of color
- 

Challenges



- ▶ Improve early childhood system for health and school readiness
- ▶ **Ensure employment readiness & living wage jobs for parents/caregivers**
- ▶ Improve & expand the system of care to promote mental health and well-being
- ▶ Ensure that school aged children & adolescents are healthy
- ▶ **Ensure adequate, affordable, stable , safe & healthy housing for families**
- ▶ **Improve transportation so families can get where they need to be**

Family & Early childhood

Positive outcomes

- ▶ Collaboration and partnerships are key components to success



Partnerships

Centro Cultural Chicano, Inc.

Community Health Clinics

Division of Indian Work

Domestic Abuse Project

Hennepin County Health & Human Services

Minnesota Department of Health

Department of Human Services

Minneapolis Public Schools

Minnesota Visiting Nurse Agency

The Family Partnership

Way To Grow

Teenwise

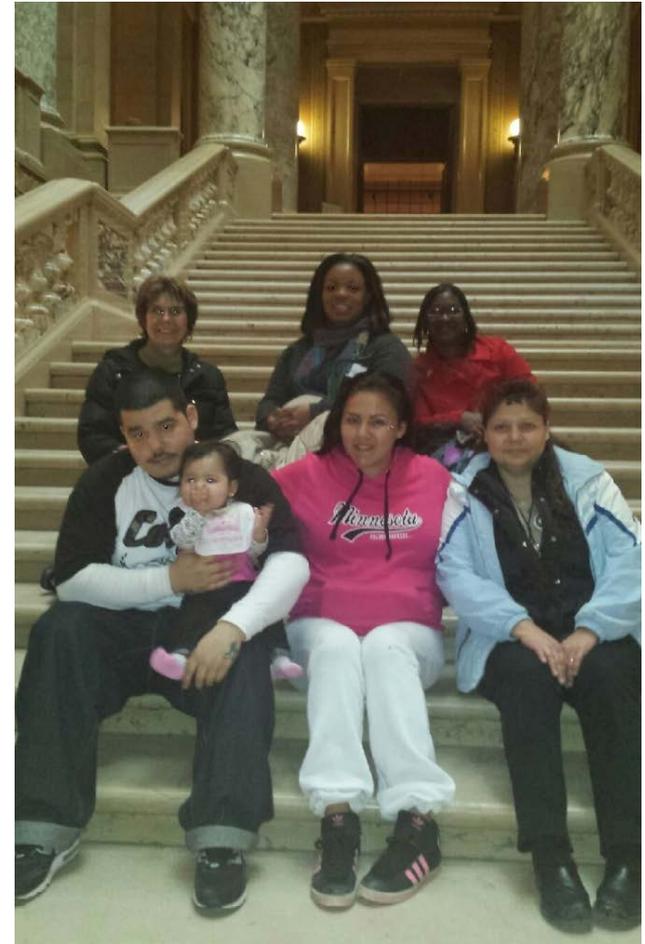
NAZ

Minnesota Department of Education

Children's Dental

Family & early childhood positive outcomes

Community
involvement is
fundamental
to success



Opportunities for council leadership

- ▶ Cradle to K Cabinet
- ▶ Public health policies affecting families
- ▶ Policies regarding jobs, housing transportation
- ▶ Resources
- ▶ Health Equity



Questions

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*** Thank you ***