Mississippi River Trail National Wildlife Refuges and National Park Units

MINNESOTA

North Country Nat. Scenic Trail (1)
Tamarac NWR (2)
Rice Lake NWR (3)
Mille Lacs NWR (4)
Crane Meadows NWR (5)
Sherburne NWR (6)
Mississippi Nat. River & Rec. Area (7)
Minnesota Valley NWR (8)
Upper Mississippi River NWFR (9)

IOWA

Effigy Mounds Nat. Monument (14)
Driftless Area NWR (15)
Upper Mississippi River NWFR (16)
Port Louisa NWR (17)

MISSOURI

Great River NWR (27)
Clarence Cannon NWR (28)
Ulysses S. Grant Nat. Historic Site (29)
Jefferson Nat. Expansion Memorial (30)
Middle Mississippi River NWR (31)

ARKANSAS

Big Lake NWR (37)
Wapanocca NWR (38)
White River NWR (39)
Arkansas Post Nat. Memorial (40)

LOUISIANA

Tensas River NWR (50)
Bayou Cocodrie NWR (51)
Lake Ophelia NWR (52)
Cat Island NWR (53)
Atchafalaya NWR (54)
Big Branch Marsh NWR (55)
Bayou Sauvage NWR (56)
New Orleans Jazz Nat. Historical Park (57)
Jean Lafitte Nat. Historical Park & Preserve (58)
Delta NWR (59)

LEGEND

National Wildlife Refuge:
National Park Unit:
National Wildlife Refuge: NWR
National Wildlife & Fish Refuge: NWFR

WISCONSIN

Ice Age Nat. Scenic Trail (10)
St. Croix Nat. Scenic River (11)
Trempealeau NWR (12)
Upper Mississippi River NWFR (13)

ILLINOIS

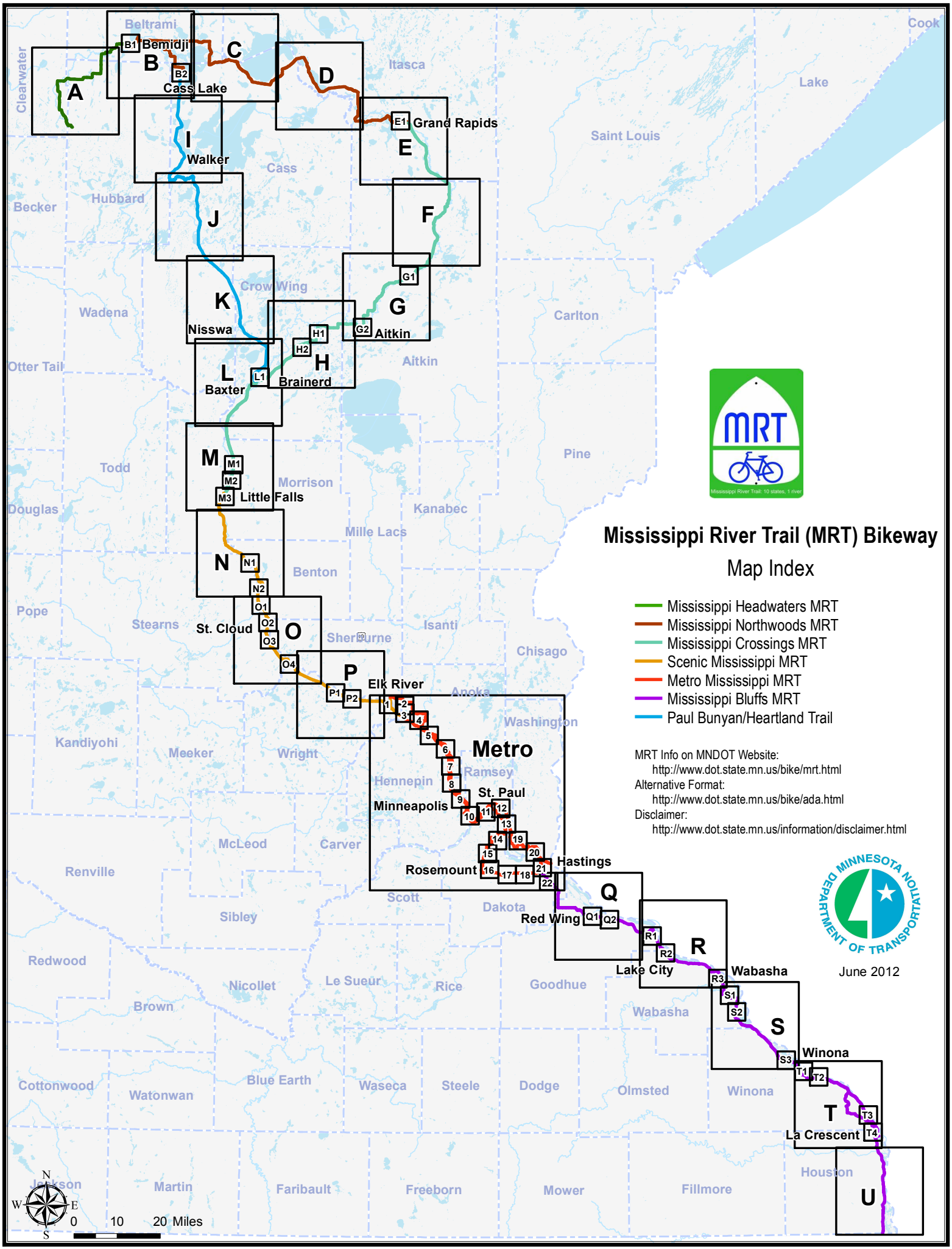
Upper Mississippi River NWFR (18)
Mormon Pioneer Nat. Historic Trail (19)
Port Louisa NWR (20)
Great River NWR (21)
Two Rivers NWR (22)
Lewis & Clark Nat. Historic Trail (23)
Route 66 (24)
Middle Mississippi River NWR (25)
Cypress Creek NWR (26)

TENNESSEE

Reelfoot Lake NWR (32)
Lake Isom NWR (33)
Chickasaw NWR (34)
Trail of Tears Nat. Historic Trail [1] (35)
Trail of Tears Nat. Historic Trail [2] (35)
Lower Hatchie NWR (36)

MISSISSIPPI

Dahomey NWR (41)
Holt Collier NWR (42)
Yazoo NWR (43)
Theodore Roosevelt NWR (44)
Vicksburg Nat. Military Park (45)
Natchez Trace Parkway (46)
Natchez Trace Nat. Scenic Trail (47)
Natchez Nat. Historical Park (48)
St. Catherine's Creek NWR (49)


Mississippi River Trail (MRT) Bikeway
Map Index
Mississippi Headwaters MRT
Mississippi Northwoods MRT
Mississippi Crossings MRT
Scenic Mississippi MRT
Metro Mississippi MRT
Mississippi Bluffs MRT
Paul Bunyan/Heartland Trail
MRT Info on MNDOT Website:
http://www.dot.state.mn.us/bike/mrt.html
Alternative Format:
http://www.dot.state.mn.us/bike/ada.html
Disclaimer:
http://www.dot.state.mn.us/information/disclaimer.html
MINNESOTA DEPARTMENT OF TRANSPORTATION
June 2012
Beltrami
Cook
Clearwater
Itasca
Lake
Saint Louis
Cass
Hubbard
Becker
Wadena
Crow Wing
Carlton
Otter Tail
Aitkin
Pine
Todd
Morrison
Douglas
Kanabec
Mille Lacs
Benton
Pope
Stearns
Sherburne
Isanti
Chisago
Anoka
Washington
Kandiyohi
Meeker
Wright
Ramsey
Hennepin
McLeod
Carver
Renville
Scott
Dakota
Sibley
Redwood
Nicollet
Le Sueur
Rice
Goodhue
Brown
Wabasha
Cottonwood
Watonwan
Blue Earth
Waseca
Steele
Dodge
Olmsted
Winona
Houston
Jackson
Martin
Faribault
Freeborn
Mower
Fillmore
Bemidji
Cass Lake
Grand Rapids
Walker
Nisswa
Aitkin
Baxter
Brainerd
Little Falls
St. Cloud
Elk River
Metro
Minneapolis
St. Paul
Rosemount
Hastings
Red Wing
Lake City
Wabasha
Winona
La Crescent
A
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B2
C
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G2
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H2
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M3
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N2
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O4
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P2
Q
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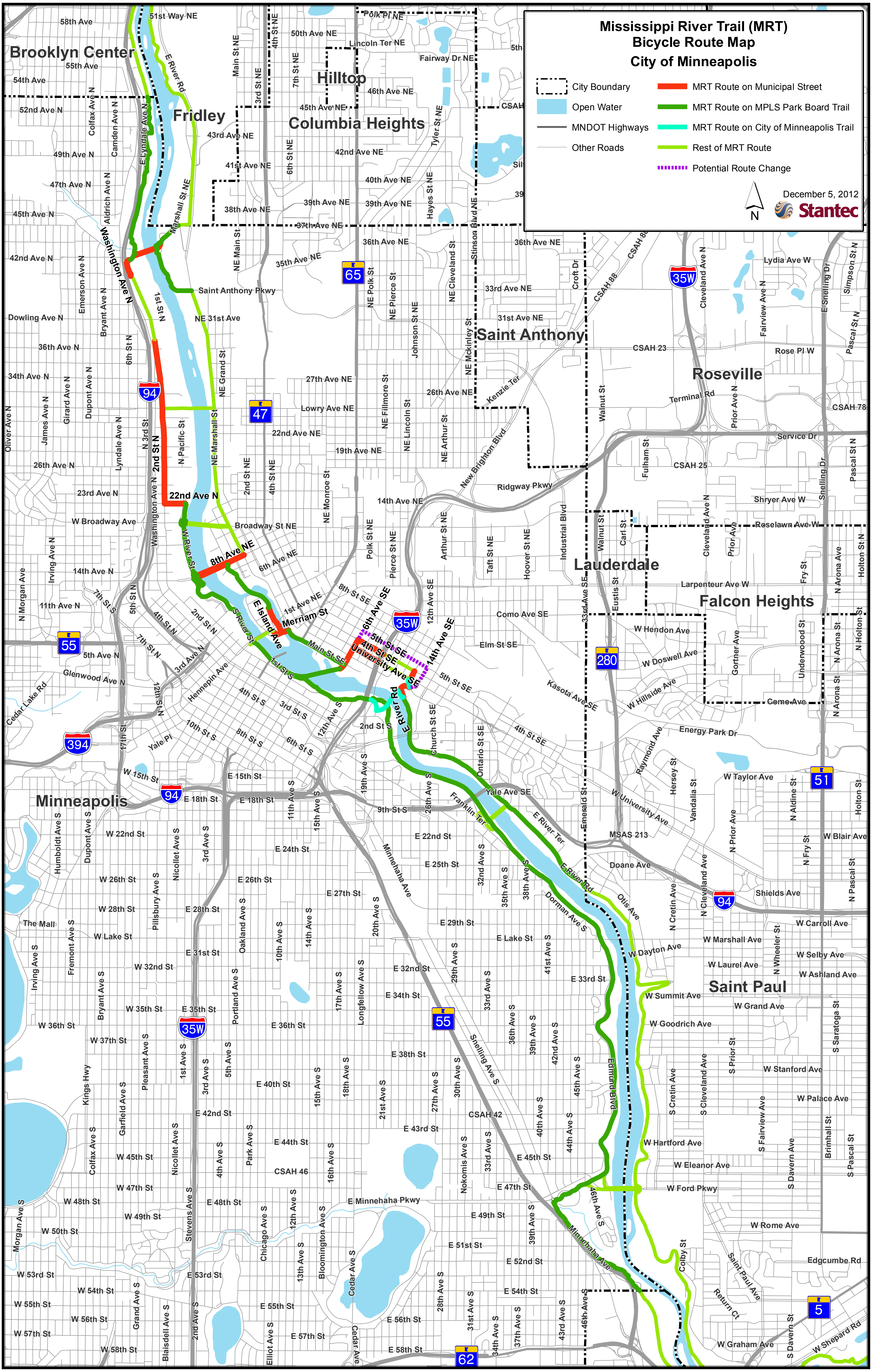
20 Miles



Mississippi River Trail (MRT)
Bicycle Route Map
City of Minneapolis
City Boundary
Open Water
MNDOT Highways
Other Roads
MRT Route on Municipal Street
MRT Route on MPLS Park Board Trail
MRT Route on City of Minneapolis Trail
Rest of MRT Route
Potential Route Change
N
December 5, 2012
Brooklyn Center
Fridley
Hilltop
Columbia Heights
Saint Anthony
Roseville
Lauderdale
Falcon Heights
Minneapolis
Saint Paul
Washington Ave N
2nd St N
22nd Ave N
8th Ave NE
W River St
E Island Ave
Merriam St
Main St SE
S River St
1st St S
6th Ave SE
5th St SE
4th St SE
University Ave SE
14th Ave SE
E River Rd
E River Ter
Edmund Blvd
Minnehaha Ave
W Ford Pkwy
Saint Anthony Pkwy
NE Marshall St
Marshall St NE
E River Rd
E Lyndale Ave N
1st St N
NE 31st Ave
Broadway St NE
Otis Ave
W Dayton Ave
W Summit Ave
W Goodrich Ave
W Hartford Ave
Colby St