

Resources for International Students

If you are in the United States on an F-1 Student Visa there are several options for work authorization.

Urban Scholars is considered **Off Campus Work**.

Therefore, you need to obtain either **Curricular Practical Training (CPT)** or **Optional Practical Training (OPT)** authorization.

In most cases, recent graduates will apply for OPT and currently enrolled students will apply for CPT. However, you will want to consult with the International Student Services Office at your college or university to determine the best option for you.

Your college or university's International Student Services Office will initiate the work authorization process, not Urban Scholars.

We encourage you set up a meeting early on in the Urban Scholars application process to discuss what you will need to get CPT or OPT approved.

Please note that Urban Scholars does not support H-1B status.

Additional Resources

[F-1 Student Off-Campus Basic Guidelines](#)

[StudyUSA: What is the Difference Between OPT and CPT?](#)