



## Homegrown Minneapolis – October 17, 2014

### News, Events, Resources

[Homegrown Minneapolis](#) is a citywide initiative expanding our community's ability to grow, process, distribute, eat and compost more healthy, sustainable, locally grown foods. Homegrown Minneapolis brings together key partners from local government, area businesses, community organizations, non-profits and residents to build a healthy, local food system.

*[View selected previously posted events and resources on the \*\*Homegrown Minneapolis website\*\*.](#)*

### News and Events

#### **Staple Foods Ordinance Public Hearing Planned for October 20**

**The Minneapolis City Council will hold a public hearing to gather feedback on the proposed changes on Monday, October 20, 2014 at 1:30pm in City Hall Room 317 (Council Chambers).** Please consider taking action to support these changes: speak at the public hearing, write a letter of support, contact your council member, or talk to your neighbors about the importance of healthy food access for all Minneapolis residents. For more information, view the [fact sheet on the Homegrown Minneapolis website](#) or contact: [cam.gordon@minneapolismn.gov](mailto:cam.gordon@minneapolismn.gov)

Good nutrition is a critical part of individual and community health. Knowing what to eat is important, but having access to healthy food options matters too. While it's easy to find healthy foods at a supermarket, residents in some Minneapolis communities must shop at corner stores, gas stations, dollar stores, and pharmacies where soda, chips, and candy are abundant, but wholesome choices are limited. Residents who rely on these types of store to meet their grocery needs often also experience poor health outcomes like diabetes, heart disease, and obesity.

As part of a comprehensive approach, the City of Minneapolis is exploring amendments to the Staple Foods Ordinance, a local policy first adopted in 2008, which requires all licensed grocery stores (including the non-traditional stores) to stock a minimal amount of basic food items including fresh produce, dairy, bread, and meat products. Proposed changes to the ordinance would expand the number of required staple food categories, set minimum quantities and varieties for each category, and clarify exemption criteria across all types of stores. Strengthening the city's current ordinance would help ensure that everyone has access to healthy food choices no matter where they shop.

## Homegrown Minneapolis Food Council Launches Friends of Homegrown Minneapolis Facebook Page

<https://www.facebook.com/#!/friendsofhomegrownmplsfoodcouncil>

## Licensed Food Businesses Forum

Tuesday, October 21 | 10am-noon | Minneapolis Central Library, Doty Board Room (300 Nicollet Mall)

The Health Department wants to know how to better support restaurants and other licensed food businesses in Minneapolis. What does the Health Department need to improve? What would help you get a better score on your inspection? Would you like to improve your understanding of City and State food codes? Would you like business development information? Food safety training for your staff? Attend a free Food Forum with City of Minneapolis Health Department staff to tell them your ideas. If you need translation services please contact Leslie Foreman at [leslie.foreman@minneapolismn.gov](mailto:leslie.foreman@minneapolismn.gov) or 612-673-3544.

## October 24, 2014: Celebrate Food Day with the Minne-Apple Crunch!

Fall in Minnesota brings a variety of apples like honeycrisps and SweeTango, as well as trips to pick-your-own apple orchards. Join your friends and family across Minneapolis in celebrating [Food Day](#) by [crunching into locally and regionally grown apples on Friday, October 24<sup>th</sup>](#)! Why crunch into a local apple? Apples and other fruits are delicious and nutritious, and buying local apples supports our neighboring apple farmers! [Food Day](#) is a nationwide movement for healthy, affordable, and sustainable food. Every October 24, thousands of events all around the country bring people together to celebrate and enjoy real food and push for improved food policies. Share pictures of yourself, friends, and family crunching into delicious apples at [The Minne-Apple Crunch event!](#) #Minne-AppleCrunch #It'sCrunchTime #FoodDay2014

## Homegrown Minneapolis Annual Open House: Nominate a Homegrown Hero and Register to host an Information Table by October 31

Wednesday, December 3 | 6-8:30pm | Cedars Hall, 602 University Avenue NE

Please join the Homegrown Minneapolis Food Council in celebrating another year of growing, processing, distributing, eating and composting healthy, sustainable, locally grown foods. The event will feature a brief program including remarks from Perennial Plate, an information fair, the 2014 Homegrown Heroes awards, and a raffle. Light refreshments will be served. [Save-The-Date](#) and [RSVP!](#)

[Submit a nomination](#) for a "Homegrown Heroes" award (**Deadline: 5:00pm on October 31**) As a part of our Annual Open House, the Homegrown Minneapolis Food Council recognizes and honors the accomplishments of community partners who help expand the community's ability to grow, process, distribute, eat and compost more healthy, sustainable, locally grown foods. Any community member or organization is eligible to receive a Homegrown Heroes Award.

[Sign up to table](#) at the information fair (**Deadline: 5:00pm on October 31**)

We are now accepting registrations for the **information fair** component of our annual open house. This is a great opportunity for local partners to showcase the ways they support our community's ability to grow, process, distribute, eat and compost healthy, sustainable, locally grown foods.

**\*Tables at the Information Fair are first come, first served. Space is limited - sign up now!**

## November Food Council Meeting

Wednesday, November 12 | 5-7pm (meeting) | Textile Center, 3000 University Ave SE, Minneapolis ([map](#)) \*\*Optional presentation before the meeting (4:30-4:50pm) [Meeting Materials](#)

## Resources

### Webinar – Food Policy Council Movement

Wednesday, October 22 | 10:30-11:50am | [Register](#)

The Center for Livable Future at Johns Hopkins' Bloomberg School of Public Health, Food Day, and Roots of Change is hosting a national webinar dedicated to the empowerment of food policy councils and other place-based stakeholder bodies committed to transforming the food system. Six councils will offer seven-minute presentations that reveal visions, lessons, and triumphs from a variety of situations: urban and rural, large and small, state and local. No matter your situation, there will be something to gain. Throughout the presentation participants will have time for comments and questions.

### REMINDER for North Central SARE Grant Application Deadlines

North Central Region Sustainable Agriculture Research and Education (NCR SARE) has numerous Calls for Proposal open at this time, but due dates are looming.

Research and Education Grant Due: October 23, 2014

<http://www.northcentralsare.org/Grants/Our-Grant-Programs/Research-and-Education>

Partnership Grant Due: October 30, 2014

<http://www.northcentralsare.org/Grants/Our-Grant-Programs/Partnership-Grant-Program>

Youth Educator Grant Due: November 13, 2014

<http://www.northcentralsare.org/Grants/Our-Grant-Programs/Youth-Educator-Grant-Program>

Farmer Rancher Grant Due: November 20, 2014

<http://www.northcentralsare.org/Grants/Our-Grant-Programs/Farmer-Rancher-Grant-Program>

## **The Whole Kids Foundation is now accepting applications for its School Garden Grant Program.**

Click [here](#) for more information. *Deadline: October 31, 2014.*

## **The American Heart Association and Robert Wood Johnson Foundation launched [Voices for Healthy Kids](#)**

Advancing public policy that reverses childhood obesity by investing in state, local and tribal public policy issue campaigns whose efforts are linked to their [six priority areas](#). Deadline: Rolling

## **[RWJF Health Policy Fellow Call for Application](#)**

This program is an outstanding opportunity for exceptional midcareer health professionals and behavioral and social scientists with an interest in health and healthcare policy promoting the health of the nation. *Deadline: November 13, 2014 (3pm ET).*

## **Videos Explain the Business Licensing Process in Spanish, Hmong, and Somali**

Navigating the City's business licensing process can seem intimidating, especially if English is not your first language. To help entrepreneurs who speak Spanish, Hmong and Somali, the City created a "Business Licensing 101" video in each of these languages. The videos provide entrepreneurs helpful tips like not to sign a lease before verifying that the business is zoned properly and the value of working with the business association in the area.

The videos also show entrepreneurs what happens during an inspection and the best place to park when coming Downtown to talk with City staff. Overall, they cover 25 quick resources to make doing business in the City of Minneapolis easier. The [videos](#) are available on the City's Business Licensing web pages under the "BLIP" Business Licensing Information resources. Spoiler Alert! If you feel like you recognize the actors, you probably do as they are all City employees. More multilingual videos are available on the [City's YouTube Channel](#). Also, CPED is in the process of developing four new multilingual videos focused on increasing access and awareness on the Development Services division and the programs and services offered by Housing, Business Development and Employment and Training. For questions about these tools, please contact [Rose Lindsay](#).

We need to grow the local food movement! Forward this newsletter to your friends or post the link to Homegrown Minneapolis on Facebook. Let us know if you have an event or resource to share with the community. <http://www.minneapolismn.gov/homegrown>

*If you need this material in an alternative format please call Lance Knuckles at (612) 673-2919 or email [Lance.Knuckles@minneapolismn.gov](mailto:Lance.Knuckles@minneapolismn.gov). Deaf and hard-of-hearing persons may use a relay service to call 311 agents at (612) 673-3000. TTY users may call (612) 673-2157 or (612) 673-2626.*

*Attention: If you have any questions regarding this material please call 311 (or insert your department telephone number)*

*Hmong - Ceeb toom. Yog koj xav tau kev pab txhais cov xov no rau koj dawb, hu (612) 673-2800;*

*Spanish - Atención. Si desea recibir asistencia gratuita para traducir esta información, llama (612) 673-2700;*

*Somali - Ogow. Haddii aad dooneyso in lagaa kaalmeeyo tarjamadda macluumaadkani oo lacag la' aan wac (612) 673-3500*

**Tamara Downs Schwei**

Homegrown Minneapolis/Local Food Policy Coordinator

(612) 673-3553

[Tamara.DownsSchwei@minneapolismn.gov](mailto:Tamara.DownsSchwei@minneapolismn.gov)

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