

**CHAW PAB TSEV NEEG TSHIAB
NEW FAMILIES CENTER**

**PHAU NTAWV QHIA TXOG TEJ CHAW PAB HAUV ZOS
COMMUNITY RESOURCE DIRECTORY**



City of Minneapolis

Lub Chaw Pab Tsev Neeg Tshiab (The New Families Center) yog kev koom tes sib pab los ntawm Tseemfww sab Kev Noj Qab Haus Huv thiab Kev Pab Txhawb Tsev Neeg hauv Nroog Minneapolis, Nroog Minneapolis Tsev Kawm Ntawv thiab lub Koomhaum Pab Nyiaj Txiag Tiv Thaiv Menyuas hauv Minnesota. Xav paub ntau txog lub Chaw Pab Tsev Neeg Tshiab lossis Phau Ntawv Qhia Txog Tej Chaw Pab Nyob Hauv Zos thov hu rau (612) 668-3701. Phau Ntawv Qhia Txog Tej Chaw Pab Nyob Hauv Zos no muaj ua lus Mev, lus Hmoob thiab lus Xaumaslis. Kev txhais thiab kho kom zoo yog tsim los ntawm Sab Kev Pab Ntau Haiv Neeg ntawm Nroog Minneapolis Lub Chaw Xyuas Kev Ncaj Ncees Rau Pejxeem.

Yog koj xav tau phau ntawv no ua lwm hom, thov hu rau (612) 673-2301 lossis TTY (612) 673-2157 (hu nug txhua yam nyob hauv Zos). Thov cia sijhawm kom txaus thiaj pab tau tej yam txhwj xeeb uas xav tau.

ROOJ TEEB NTAWV

TSHOOJ 1

Yam Yuav tsum Tau Muaj:	4
Zaub Mov Noj	4
Khaub Ncaws Hnav	6
Cov Tsev nraim (shelter) (shelter) nyob hauv Minneapolis	8
Cov Tsev nraim (shelter) nyob Zej Zos Ib Ncig	10
Tsev Nyob thiab Kev Pab Nqi Xauj Tsev	10
Khood Vaj Khood Tse	10

TSHOOJ 2

Kev Kho Mob:	15
Chaw Kuaj Mob Uas Txo Tau Nqi Pheejyig	15
Chaw Kho Hniav	17
Tej Kev Pab Txog Kev Kho Mob	19
Chaw Kho Mob Hlwb, Nyuab Siab los Tsis Meej Pem	19

TSHOOJ 3

Kev Kawm Ntawv:	23
Kawm Lus Askiv (ESL) thiab GED	23

TSHOOJ 4

Kev Pab Hais Plaub Ntug:	29
Chaw Pab Hais Plaub Ntug Pub Dawb	29

TSHOOJ 5

Kev Pab Txog Nyiaj Txiag:	31
Tso Nyiaj Sau Tshev thiab Tso Nyiaj Ceev Cia Pub Dawb	31
Kev Pab Ua Se	

TSHOOJ 6

Kev Pab Nrhiav Haujlwm thiab Qhia Kev Kawm Haujlwm:	33
Tej Chaw Nrhiav Haujlwm/Chaw Pab Zej Zos Pub Dawb	33

TSHOOJ 7

Tej Kev/Chaw Pab Thaum Muaj Kev Sibntau Nyob Hauv Tsev Neeg thiab Kev Quab yuam Ntawm Pojnim thiab Txivneej	35
Chaw Nraim Lossis Chaw Nyob Pab Cov Pojnim los Txivneej Uas Muaj Kev Sib ntau	
Chaw Pab Thiab Txhawb Zog Daws Kev Nyuab Siab Rau Cov Pojnim los Txivneej Uas	
Muaj Kev Sib ntau thiab Yuam Cev	

TSHOOJ 8

Kev Pab Rau Cov Pojnam Uas Cev Xeeb Tub thiab Menyuum Yaus 37

LWM YAM KEV PAB THIAB KEV XA MUS RAU KEV PAB: Thov hu rau United Way tus Xovtooj Thov Kev Pab 211. Tus xovtooj hu dawb thov kev pab no qhib 24 teev, 7 hnuv ib asthiv thiab txuas tau koj mus rau tshaj li 20,000 qhov chaw pab, tsis hais kev pab kho mob nkeeg, plaub ntug, taug kev mus los, kev pab tham tswvyim kho siab ntsws, kev pab cov hluas, zov menyuum yau, mov noj thiab vajtse nyob. Muaj neeg hais tau ntau yam lus pab teb xovtoj Hnuv Vascas txog Vasxuv thaum 8:30 a.m. – 5:00 p.m. Yog siv xov tooj ntawm tes (Cell Phone), thov hu (651) 291-0211. Chaw just leave it in English (website): www.unitedwaytwincities.org/services

TSHOOJ 1

YAM YUAV TSUM TAU MUAJ

Thaum tuaj ua ntawv thov zaub mov, koj yuav tsum nqa ob daim npav thiab ib daim ntawv tseem ceeb lossis ib lub hnab ntawv uas muaj koj npe thiab qhov chaw nyob. Daim npav tsav tshab lossis daim npav hauv xeev yuav siv tau ua koj daim npav. Cov laus uas muaj menyuam yuav muaj cuab kav thov tau nyiaj xoom qhob pab, nyob ntawm saib seb puas tsimn yog tau. Xav paub ntxiv, thov mus ntsib lossis hu rau koj lub khaubtis qhov chaw pab nyiaj rau kev noj haus. Khaubtis muaj neeg ua haujlwm nyob ntau qhov chaw pab neeg ua ntaub ntawv thov zaub mov noj. Nyob hauv Hennepin Khaubtis, thov hu 612-596-1300 muab daim ntawv uas sau tagnrho cov chaw ua ntaub ntawv thov nyiaj muas noj (*foodstamp*).

CHAW PAB ZAUB MOV NOJ

Messiah Lutheran Church

2504 Columbus Ave. South
Minneapolis, MN 55407
(612) 871-8831

Sabathani Community Services

310 East 38th St.
Minneapolis, MN 55407
(612) 821-2303

Waite House

2529 13th Ave. South
Minneapolis, MN 55404
(612) 723-1681

Brian Coyle Community Center

420 15th Ave. South
Minneapolis, MN 55454
(612) 338-5282

Centro

1915 Chicago Ave. South
Minneapolis, MN 55404
(612) 874-1412

Joyce Food Shelf

122 West 31st St.
Minneapolis, MN 55409
(612) 822-5288

Center for Asian and Pacific Islanders

310 E. 38th Street, Suite 29
Minneapolis, MN 55407
(612) 821-2303

Community Emergency Services

1900 11th Ave. South
Minneapolis, MN 55404
(612) 870-1125

Muaj pab zaub mov noj, diavpawm thiab mis rau menyuam mos liab

Salvation Army South Minneapolis

1604 East Lake Street
Minneapolis, MN 55407
(612) 721-1513

Incarnation Church

3817 Pleasant Ave. South
Minneapolis, MN
(612) 822-2101

Groveland Emergency Food Shelf

1900 Nicollet Ave. South
Minneapolis, MN 55404
(612) 871-0277

Simpson Food Shelf

2740 1st Ave. South
Minneapolis, MN 55408
(612) 874-7741

Little Brothers Friends of the Elderly

1846 East Lake Street
Minneapolis, MN 55407
(612) 721-6215

Glendale Food Shelf

92 Saint Mary's Ave. South
Minneapolis, MN 55413
(612) 342-1954

Labor Community Food Shelf

312 Central Ave. Southeast
Minneapolis, MN 55413
(612) 379-8133

Lub chaw pab zaub mov no pab rau cov neeg tsis muaj haujlwm, poob haujlwm lossis cov neeg ua haujlwm raug mob nyob hauv kev koomtes (union) nyob rau Anoka, Carver, Dakota, Hennepin, thiab Scott khaubtis.

Salvation Army

2727 Central Ave. Northeast
Minneapolis, MN 55418
(612) 789-1512

East Side Neighborhood Services

1700 2nd St. Northeast
Minneapolis, MN 55418
(612) 781-6011

Salvation Army

927 West Broadway
Minneapolis, MN 55411
(612) 522-6581

NorthPoint Health & Wellness Inc.

1315 Penn Ave. North
Minneapolis, MN 55411
(612) 348-4700

Community Emergency Assistance Program (CEAP)

6840 78th Ave. North
Brooklyn Park, MN 55444
(763) 566-9600

Sharing & Caring Hands

425 7th St. North
Minneapolis, MN 55405
(612) 338-4640

KHAUB NCAWS NHAU

Cornerstone Ministry

3400 Park Ave. South
Minneapolis, MN 55407
(612) 825-6863

Sabathani

310 East 38th St.
Minneapolis, MN 55407
(612) 821-2347

St. Stephen's Free Store

2211 Clinton Ave. South
Minneapolis, MN 55404
(612) 874-0311

Calvary Kids Stuff (khaub ncaws qub & khood siv rau menyuum yaus)

2608 Blaisdell Ave. South
Minneapolis, MN 55408
(612) 872-7855

Maria Sandvik Center

1112 East Franklin Ave.
Minneapolis, MN 55404
(612) 870-9617

Pillsbury House

3501 Chicago Ave. South
Minneapolis, MN 55407
(612) 824-0708

Central Community Church

3234 4th Ave. South
Minneapolis, MN 55407
(612) 822-1634

Bethesda Baptist Church

1118 South 8th St.
Minneapolis, MN 55402
(612) 332-5904

Birthright of Minneapolis

63 South 9th Street
Minneapolis, MN 55402
(612) 338-2353

Central Lutheran Church

333 South 12th St
Minneapolis, MN 55403
(612) 870-4416

Sharing & Caring Hands

425 North 7th St.
Minneapolis, MN 55411
(612) 338-4640

Ready for Success

425 Oak Grove St.
Minneapolis, MN 55403
(612) 872-1509

Muaj khaub ncaws rau cov pojniam ua haujlwm. Yuav tsum yog cov koomhaum pab neeg ua ntawv xa tuaj.

Hope Presbyterian Church

7132 Portland Ave. South
Richfield, MN 55423
(612) 866-4055

COV TSEV NRAIM (SHELTER) NYOB HAUV MINNEAPOLIS

COV CHAW MUAJ KEV PAB/KEV PAB SAB NYIAJ TXIAG NYOB HAUV ZEJ ZOS
HENNEPIN KHAUBTIS

Tsev neeg muaj menyuam yaus uas xav tau tsev nraim (shelter) yam ceev heev yuav tsum tuaj ntsib tus neeg ua haujlwm pab nyiaj txiag sijhawm yav nruab hnuv nyob ntawm Century Plaza. Qhov chaw nyob yog 330 South 12th Street hauv nroog Minneapolis.

Branch II

1000 Currie Avenue
Minneapolis, MN 55403
(612) 338-8093

Chaw kaj nyob tos rau cov txiv neej uas nyob ib leeg

House of Charity

510 South 8th Street
Minneapolis, MN 55404
(612) 594-2000

Tsev nraim (shelter)/nyob rau cov neeg ua haujlwm siv (shift) 2 thiab siv 3

Harbor Light Center (Salvation Army)

1010 Currie Avenue
Minneapolis, MN 55403
(612) 338-0113.

Cov kev pab muaj:

Muaj kev pab tsev nraim (shelter) rau cov laus xwb (the translation for this sentence was incomplete, yuav pib xaiv neeg rau qhov kev pab no tom qab 7:00 teev tsaus ntuj uas noj hmo tag (need to re-translate this sentence. It is confusing). Lub tsev Sally's Place muaj chaw so ib hmos kaj ntug rau 40 tug pojniam uas tsis muaj vajtse nyob thiab tsis muaj feem tau kev pab tsev nraim (shelter) los ntawm khaubtis.

Booth Services muaj chaw nraim (shelter) thiab tshais noj rau cov txiv neej tsis muaj tsev nyob. Muaj txaj pw nruab hnuv rau cov txiv neej uas ua haujlwm hmo ntuj

Marie Sandvik Women's Shelter

1917 13th Avenue South
Minneapolis, MN 55404
(612) 871-0095 or (612) 870-9617

Txais cov menyuam tub 4 xyoo rov hauv thiab menyuam ntxhais uas tsis txwv hnoob nyoog li.

People Serving People

614 3rd Avenue South
Minneapolis, MN 55415
(612) 277-0201

Tsev neeg thiab cov pojniam ib leeg, xa tuaj los ntawm Hennepin Khaubtis los cia li tuaj los tau.

Our Savior's Housing

2219 Chicago Avenue South
Minneapolis, MN 55404
(612) 872-4193

Yuav tsum zov thaum 6:30 tsaus ntuj thiab tsis txhob qaug cawv thiaj li yuav kam tso npe.

Simpson Housing Services

2740 First Avenue South
Minneapolis, MN 55408
(612) 874-8683

Rho npe nyob rau hnuv Vascas tsaus ntuj rau cov txiv neej. Yuav tsum tuaj txog ua ntej 6:30 tsaus ntuj thiab tsis txhob qaug cawv thiaj li suav los rho npe. Cov pojniam ua haujlwm yuav yog cov uas xub pom zoo rau. Pojniam hu tau rau 612-874-0306 pib thaum 6:15 tsaus ntuj.

St. Anne's Place

2634 Russell Avenue North
Minneapolis, MN 55411
(612) 521-2128

Rau cov pojniam tsis muaj vajtse thiab lawv cov menyuum. Kev ua ntawv txais yog nyob hauv khaubtsi. Xav paub thov hu (612) 596-1300.

St. Stephen's Shelter

2211 Clinton Avenue South
Minneapolis, MN 55404
(612) 874-9292.

Rau cov txivneej 18 xyoo lossis tshaj saum

Avenues for Homeless Youth

1708 Oak Park Ave. North
Minneapolis, MN 55411
(612) 522-1690

Pab tsev nraim (shelter) yam ceev thiab tsev so rau cov hluas 14 rau 20 xyoo uas tsis muaj tsev nyob.

St. Barnabas Apartments

906 7th Street South
Minneapolis, MN 55415
(612) 253-0638

Tsev asphamees (apartments) rau cov hluas uas tsis muaj tsev lossis yuav tsis muaj tsev nyob

COV TSEV NRAIM (SHELTER) NYOB IB NCIG HENNEPIN

Muaj ntawv pab nqi xauv tsev so (hotel) nyob rau cov chaw hauv qab no:

Qauv Zos Hennepin (North Hennepin)

Community Emergency Assistance Program (CEAP), 763-566-9600, pab rau cov neeg uas nyob Brooklyn Center, Brooklyn Park, thiab Champlin

Christians Reaching Out Through Social Service (CROSS), 763-425-1050, pab rau cov neeg uas nyob Osseo, Maple Grove, West Champlin, Rogers, Dayton, Corcoran, thiab Hassen

People Responding in Social Ministry (PRISM), 763-529-1350, pab rau cov neeg uas nyob Robbinsdale, New Hope, Crystal, Golden Valley, thiab Plymouth

Qab Zos Hennepin (South Hennepin)

People Reaching Out to Assist People (PROP), 952-937-9120, pab rau cov neeg uas nyob Eden Prairie thiab Chanhassen

Volunteers Enlisted to Assist People (VEAP), 952-888-9616, pab rau cov neeg uas nyob Richfield, Bloomington, Edina, thiab ib txhia hauv Qab Zos Minneapolis

West Hennepin

St Louis Park Emergency Program (STEP), 952-925-4899, pab cov nyob St Louis Park xwb

Interchurch Community Association (ICA), 952-938-0729, pab cov neeg uas nyob Hopkins, Minnetonka, Excelsior, Shorewood, Deephaven, Greenwood, thiab Woodland

Interfaith Outreach and Community Partners (IOCP), 952-473-2436, pab cov neeg uas nyob hauv Wayzata, Western Plymouth, Long Lake, Orono, Hamel, Minnetonka Beach, Medina thiab Medicine Lake.

TSEV NYOB THIAB KEV PAB NQI XAUV TSEV

Alliance Housing

118 East 26th Street, Suite 202
Minneapolis, MN 55404
(612) 872-2310

Muaj tsev nyob thoob plawg nroog Minneapolis uas tus nqi tsawg rau cov uas los nyob tsis ntev lossis nyob ntev. Tus nqi yog nyob ntawm tus neeg kev khwv tau nyiaj seb ntau los tsawg thiab chav tsev. Txais yuav cov neeg uas St. Stephen xa tuaj thaum muaj vajtse seem.

Crisis Intervention Program at Centro

1915 Chicago Avenue South
Minneapolis, MN 55404
(612) 874-1412

Muaj kev pab ceev (Emergency) rau cov Meev/ leave it Latino (too confusing) tshwj xeeb yog cov uas tsis paub lus Askiv, tuaj tshiab thiab/lossis tsis paub nrhiav kev pab. Muaj ua ntawv xa mus nrhiav tsev thiab pab kawm ntawv.

Housing Resource Center – HRC with Lutheran Social Service

2414 Park Avenue South
Minneapolis, MN 55404
(612) 879-5266

Qhia txog kev pab thiab ua ntawv xa mus rau cov tsev nraim (shelter), tsev nyob ib ntus lossis muaj nqi xauj tsis kim, thiab qhia tej kev/chaw pab txog kev plaub ntug.

Project for Pride in Living (PPL)

1035 East Franklin Ave.
Minneapolis, MN 55404
(612) 455-5100

NorthPoint Health & Wellness Inc.

1315 Penn Avenue North
Minneapolis, MN 55411
(612) 348-4752

Pab nqi xauj tsev thiab kho tsev rau cov yim neeg nyob Qaum Teb lossis Qaum Minneapolis sab Nub Tuaj.

North Side Neighborhood Housing Services, Inc.

1501 Dupont Avenue North
Minneapolis, MN 55411
(612) 521-3581

Qiv txais nyiaj kho tsev thiab muab qhov nqi qiv txais mus rau lwm lub khw, pab qhia txog kev yuav vajtse thiab kev ua tus tswv tsev. (Muaj rau cov neeg yuav tsev lossis muaj tsev nyob rau Qaum Minneapolis)

Powderhorn Residents Group

2017 East 38th Street
Minneapolis, MN 55407
(612) 721-7556

Muaj kev qhia txog kev yuav vajtse thiab kev xauj tsev nyob rau ntawm kev koom tes txog vajtsev nyob qab Minneapolis.

Metro Housing and Redevelopment Authority (HRA)

230 East 5th Street
St. Paul, MN
(651) 602 1553

Muaj kev pab nyiaj rau vajtse. Ua ntaub ntawv pab xauj tsev luam (Section 8) nyob rau hauv Carver Khuabtis, Anoka Khuabtis, Ramsey Khuabtis tiamsis tsis yog nyob nroog St. Paul, thiab Hennepin Khuabtis tiamsis tsis yob nyob nroog Minneapolis, Bloomington, Richfield, St. Louis Park thiab Plymouth. Txais ntaub ntawv ua nyob rau hnub Vas Phabhav kawg ntawm txhua lub hlis.

Minneapolis Public Housing authority

1001 Washington Ave. North
Minneapolis, MN 55439
(612) 342-1400

Washington County Housing Redevelopment Authority

321 Broadway Ave.
St. Paul Park, MN 55071
(651) 458-0936

Dakota County Housing Redevelopment Authority

1228 Town Centre Dr.
Eagan, MN 55123
(651) 675-4400

Family Housing Fund

801 Nicollet Mall, Suite 1650
Minneapolis, MN 55402
(612) 375-9644

Muaj tsev them nqi pheej yig rau cov yim neeg uas tau nyiaj tsawg lossis tsis ntau.

Greater Metropolitan Housing Corporation

15 South 5th Street, Suite 710
Minneapolis, MN 55402
(612) 339-0601

Muaj kev pab xws li pab nyiaj rau vajtsev, qhia txog kev kho tsev, yuav tsev, thiab xauj tsev nyob thoob plaws cheebtsam nroog ntxaib.

Hope Community, Inc.

611 East Franklin Avenue
Minneapolis, MN 55404
(612) 874-8867

Pab kev xauj tsev pheejyig rau cov yim neeg thiab cov neeg laus uas nyob ib leeg.

Northside Residents Redevelopment Council

1313 Plymouth Avenue North
Minneapolis, MN 55412
(612) 335-5924

Muaj kev pab rau kev yuav vajtse thiab xauj tsev pheejyig

Waite House

2529 13th Avenue South
Minneapolis, MN 55404
(612) 721-1681

Minneapolis, MN 55404

Muaj kev qhia txog kev yuav vajtse thiab kho vajtse.

Community Emergency Service – CES

1900 11th Avenue South
Minneapolis, MN 55404
(612) 870-1125

Pab tsev neeg uas nyob hauv lossis khiav los nyob rau sab hnub tuaj lossis qab zog Minneapolis sab hnub tuaj. Kev pab yog nyiaj txiag thiab nqi dej nqi taws tej.

Central Community Housing Trust – CCHT

1625 Park Avenue South
Minneapolis, MN 55404
(612) 341-3148 Ext. 200

Muaj kev pab rau cov yim neeg lossis cov neeg uas tau nyiaj tsawg. Tsis yog tsev luam. Yuav tsum muaj kev xauj tsev zoo yav tag los li 12 lub hlis. Nqi xauj nyob ntawm li \$350 - \$770 rau cov tsev uas tsis muaj hoob txaj pw, thiab \$465 - \$1,100 rau cov tsev uas muaj ib tsib hoob txaj pw. Tej chav tsev kuj tau txais nyiaj pab nqi tsev los ntawm tsev luam (Section 8).

HousingLink

Tus xovtooj hu nug tau txhuas yam
(612) 522-2500

info@housinglink.org or visit @ www.housinglink.org

Yog koj muaj lus nug lossis xav hais, tshwj xeeb yog hais txog HousingLink tej kev pab, koj tiv tauj tau lawv. Ceebtoom: HousingLike pab tsis tau kom koj tuaj cuag lawv hais txog vajtsev.

Hennepin County Economic Assistance/Emergency Assistance

330 South 12th St.
Minneapolis, MN 55404
(612) 596-1300

Catholic Charities

1624 Chicago Ave. South
Minneapolis, MN 55403
(612) 278-1147

Txoj cai tsuas pab tau cov uas muaj xws li nram no xwb. Yuav tsum yog nyob hauv Hennepin Khaubtis, tsis muaj vajtsev nyob, ua haujlwm txim (full-time) sijhawm, thiab nws li tsev xauj tseem tsis tau tag sijhawm/kasnuv.

TEJ CHAW PAB KHOOM VAJTSE

Housing Furnishings (Northside Community Furniture Collaboration)

821 2nd Avenue North
Minneapolis, MN 55403
(651) 381-1798

Tus neeg tau txais kev pab yuav tsum kam ua haujlwm luam lossis ua haujlwm rau zej zos los pauv khoom vajtse.

The Salvation Army (NEED)

2727 Central Avenue Northeast
Minneapolis, MN 55418
(612)-789-1512

Khoom vajtse tsis yog tau dawb. Muaj ntawv muab pab rau cov neeg koj mus yuav khoom vajtse kom pheejyig nyob hauv khw Salvation Army Thrift Stores.

Furniture Warehouse with Catholic Charities-Exodus Division

1200 2nd Avenue South
Minneapolis, MN 55403
(612) 664-8500

Sabathani Community Center

310 East 38th St.
Minneapolis, MN 55407
(612) 821-2350

Exchange Charities

607 Washington Avenue South
Minneapolis, MN 55415
(612) 276-0324

Nqi pheej yig, muaj khoom vajtse qub rau cov uas xav tau.

Reachout Inc.-Thrashing Machine Thrift Store

417 East Lake Street
Minneapolis, MN 55407
(612) 827-5606

Muaj nqi pheejyig rau tej khoom vajtse

Zos Ntxaib Lub Khw Pub Dawb (Twin cities free market)

<http://www.twincitiesfreemarket.org/index.cfm>

No yog qhov chaw eesthawnej (internet) uas koj nrhaiv muaj ntau yam khoom vajtse. Cov khoom mas yog pub dawb xwb, tiamsis koj yuav tsum mus thauj. Tsis muaj kev pab xa.

SECTION 2

KEV KHO MOB

CHAW KUAJ MOB UAS TXO TAU NQI PHEEJYIG

Centro de Salud

1921 Chicago Avenue South
Minneapolis, MN 55404
(612) 813-8050

Southside Community Health Services

4730 Chicago Avenue South
Minneapolis, MN 55407
(612) 822-3186

Cedar Riverside Peoples Center

425 20th Avenue South
Minneapolis, MN 55454
(612) 332-4973

Native American Community Clinic

1213 East Franklin Avenue
Minneapolis, MN 55404
(612) 827-8086

Crown Medical Center

1931 1st Avenue South
Minneapolis, MN 55407
(612) 871-4354

Uptown Community Clinic

2431 Hennepin Avenue South
Minneapolis, MN 55405
(612) 374-4089

Harbor Light Center

1010 Currie Avenue
Minneapolis, MN 554
(612) 338-0113
*Medical services for the homeless

La Clinica En Lake

2700 E. Lake Street Suite 1100
Minneapolis, MN 55406
(612) 728-7700

Teenage Medical Services (TAMS)

2425 Chicago Ave. South
Minneapolis, MN 55404
(612) 813-6125

Fremont Community Health Services

3300 Fremont Avenue North
Minneapolis, MN 55412
(612) 588-9411

Sheridan Women and Children's Clinic

342 13th Avenue Northeast
Minneapolis, MN 55413
(612) 362-4111

Green Central Community Clinic

324 East 35th Street
Minneapolis, MN 55407
(612) 827-7181

Andersen Clinic for Children

1100 Andersen Lane
Minneapolis, MN 55404
(612) 668-4222

Community University Health Care Center/Variety Children's Clinic (CUHCC)

2001 Bloomington Avenue South
Minneapolis, MN 55404
(612) 638-0700

Indian Health Board of Minneapolis

1315 East 24th St.
Minneapolis, MN 55404
(612) 721-9898

Phillips Community Clinic

2647 Bloomington Ave. South
Minneapolis, MN 55404
(612) 724-1690
Open Monday 6PM to 9PM

NorthPoint Health & Wellness Center

1313 Penn Avenue North
Minneapolis, MN 55411
(612) 302-4600

Central Avenue Clinic

2610 Central Ave. Northeast
Minneapolis, MN 55418
(612) 781-6816

Saint Mary's Free Clinics

Xav teem sijhawm mus kuaj hu rau 651-690-7029

CHAW KHO HNIAY

Indian Health Board Dental Clinic

1315 24th Street East
Minneapolis, MN 55404
(612) 721-9827

Hennepin County Medical Center Dental Clinic

701 Park Avenue
Minneapolis, MN 55415
(612) 873-2370
Tsho hniav ruas yog rau cov neeg laus xwb

Southside Community Dental Clinic

4243 4th Avenue South
Minneapolis, MN 55409
(612) 822-4383

Txais cov neeg mob tshiab thaum nyuam qhuav pib txhua txhua lub hlis. Txais yuav cov ntawv esawslas rau pejxeem thiab Assured Care tibsi. Txo nqi mentsis los tau rau cov neeg tau nyiaj tsawg.

Children's Dental Services

636 Broadway St. Northeast
Minneapolis, MN 55413
(612) 746-1530

Neeg tuaj tshiab yuav tsum tau teem sijhawm, tsis txhob lam tuaj xwb. Txais ntawv esawslas pab nqi kho mob rau pejxeem thiab tseem muaj kev pab txo nqi pheejyig rau cov uas tau nyiaj tsawg.

NorthPoint Health & Wellness Dental Clinic

1313 Penn Avenue North
Minneapolis, MN 55411
(612) 302-4600

Txais ntawv esawslas pab nqi kho mob rau pejxeem thiab muaj kev pab txo nqi pheejyig rau cov uas tau nyiaj tsawg

Open Cities Dental Clinic

409 Dunlap St. North
St. Paul, MN 55104
(651) 290-9200

Westside Dental Clinic

478 South Robert Street
St. Paul, MN 55107
(651) 602-7575

Helping Hands Health Center

506 West 7th St.
St. Paul, MN 55102
(651) 224-7561

University of Minnesota Dental School

515 Delaware Street Southeast
Minneapolis, MN
(612) 624-8400

Txais cov neeg tshiab tiamsis lub sijhawm teem caij ntsib tau yog ib los ob lub hlis. Tsis muaj kev cia li tuaj tau, tsuas yog cov uas yuav phais xwb. Tus nqi yog li 20-40% pheejiyig dua li lwm cov chaw kho hniav uas muaj tsw (private).

Dr. Michael Mattingly

3255 Lyndale Avenue South
Minneapolis, MN 55408
(612) 822-0122

Yuav txais cov laus uas mob tuaj tshiab thiab tsis tas teem sijhawm. Txais yuav esawlas rau pejxeem thiab tsis yog rau pejxeem huvs. Tsis muaj kev txog nqi tiamsim tug nqi kuj pheejiyig tsimn yog.

Sharing and Caring Hands

525 North 7th Street
Minneapolis, MN 55405
(612) 338-4640

Lub chaw kho hniav qhib 1-3 zaug txhua asthiv li ob peb teev. Cov sijhawm hloov txhua txhua lub hlis thiab muab lo sab ntsaum lub qhov tsaim. Leej twg xub tuaj ces xub ntsib tus ntawd nyob rau hnuv uas cov kws kho hniav tuaj pab dawb. Lawv pab cov neeg laus thiab cov ua xav tau kev pab ceev.

Minneapolis Dental Society

(612) 332-0443

No yog tus xov tooj uas pab qhia cov chaw kho hniav nyob koj cheebtsam.

Uptown Community Dental Clinic

2431 Hennepin Avenue South
Minneapolis, MN 55405
(612) 374-4089

No yog ib lub chaw kho hniav pab cov neeg laus uas tau nyiaj tsawg thiab tsis muaj esawlas. Kuj muaj kev txos nqi pab thiab nyob ntawm tsev neeg coob los tsawg thiab kev tau nyiaj. Tsis txais cov esawlas rau pejxeem.

Normandale Community College Dental Clinic

9700 France Avenue South

Bloomington, MN

(952) 487-7020

Tuaj ntxuav hniav tus nqi yog \$30. Tsis txais cov ua cia li tuaj, yuav tsum teem sijhawm.

KEV PAB NTAWV KHO MOB

Medicaid and GAMC

Hennepin County, Economic Assistance

330 South 12th Street

Minneapolis, MN 55404

(612) 596-1300

Minnesota Care

P.O. Box 64838

St. Paul, MN 55164

(651) 297-3862

Assured Access

Hennepin County Human Services

Office of Multi-Cultural Services

330 South 12th Street, Suite 3700

Minneapolis, MN 55404

(612) 348-6141

CHAW KHO MOB HLWB, NYUAB SIAB THIAB TSIJ MEEJ PEM

CLUES

2700 East Lake Street

Minneapolis, MN 55406

(612) 871-0200

Tagnrho cov ua haujlwm paub hais lus Mev. Lawv ua haujlwm rau tsev neeg, cov laus, thiab menyuum. Lawv txais esawlas pejxeem thiab kam txo nqi.

Wilder Social Adjustment Program for Southeast Asians

919 Lafond Ave.

St. Paul, MN 55104

(651) 642-4000

Tamsim no tabtom txais neeg tshiab. Cov neeg ua haujlwm paub hais lus Hmoob, Khabmeem, Nyabljaj, Nplog thiab Thaib. Cov kev pab yog dawb xwb thiab lawm ua haujlwm pab cov menyuum. Yog cia li tuaj xwb no yuav ntsib tsis tau tej thaum. Qhov zoo xav kom teem sijhawm ua ntej mam li tuaj.

Walk-in Counseling Center

2421 Chicago Avenue South
Minneapolis, MN 55404
(612) 870-0565

No yog kev pab thaum muaj kev kub ntxhov loj, lub chaw no pab muab kev tham daws kev nyuab siab uas tsis siv sijhawm ntau rau cov neeg uas cia li tuaj xwb. Tsis muaj nqi them. Muaj ib txhia neeg ua haujlwm daws kev nyuab siab hais tau lwm yam lus. Pab rau menyuum txog cov laus huvsi.

Community University Health Care Clinic

2001 Bloomington Avenue South
Minneapolis, MN 55404
(612) 638-0700

Muaj neeg txhais lus ua lus Xausmaslis, Hmoob, Nplog, Khabmeem, Nyablaj, thiab Mev. Kam txo nqi kom tsawg thiab txais esawlas rau pejxeem.

Hennepin County Mental Health Center

525 Portland Avenue South
Minneapolis, MN 55415
(612) 347-5770

Tamsim no txais neeg tshiab thiab muaj cov txhais lus. Muaj kev txo nqi kom tsawg. Lawv ua haujlwm pab menyuum txog laus thiab txais esawlas rau pejxeem. Tuaj ntsib tau yog teem sijhawm uantej xwb, tiamsis tus neeg tshiab tuaj teem sijhawm ntsib thawj zaug tau.

Hamm Clinic

408 St. Peter St., Suite 429
St. Paul, MN 55102
(651) 224-0614

Lawv muaj kev txo nqi thiab txais esawlas rau pejxeem. Muaj ib txhia neeg daws kev nyuab siab paub hais lus Mev. Tsis ntsib menyuum. Yuav tsum yog teem sijhawm thiaj ntsib tau.

Centro de Salud

1921 Chicago Avenue South
Minneapolis, MN 55404
(612) 813-8050

Tsis muaj nqi, tiamsim txais yuav nyiaj siab dawb. Cov neeg ua haujlwm paub hais lwm yam lus thiab lawv ua haujlwm nrog menyuum. Lawv txais esawlas rau pejxeem thiab yuav tsum yog teem sijhawm thiaj ntsib tau.

La Familia

2217 Nicollet Ave.
Minneapolis, MN 55404
(612) 872-6686

Txais ntawv esawlas kho mob thiab muaj kev txo nqi rau cov neeg uas tsis muaj esawlas. Lawv muaj cov neeg paub hais lus Mev thiab ua haujlwm nrog menyuum.

The Center for Victims of Torture

717 East River Road,
Minneapolis, MN 55455
(612) 436-4800

Pab cov neeg raug txim txom ntawm tej nomtsvw nyob txawv tebchaws. Muaj neeg pab txhais lus. Ua haujlwm pab cov menyuam thiab cov laus. Txais ntawv esawlas rau pejxem tiamsis kuj pab cov neeg uas tsis muaj esawlas thiab.

Chrysalis-Center for Women

4432 Chicago Ave. South
Minneapolis, MN 55407
(612) 871-0118

Muaj hoob kawm/qhia, tej pab neeg tuaj sib tham daws kev nyuab siab, thiab kev pab tham lus daws kev nyuab siab ib leeg rau cov pojniam. Txais esawlas rau pejxeem. Muaj neeg txhais lus.

Refugee and Immigrant Services

2700 University Avenue West, Suite 100
St. Paul, MN
(651) 917-5575

Muaj kev kho nyob yav nruab hnuab rau cov neeg tuaj nyob tebchaw no thiab cov neeg tawg rog. Muaj neeg txhais lus Hmoob, Nplog, Nyablaj, thiab Czech. Txais ntawv esawlas rau pejxeem.

Family and Children Services

4121 East Lake St.
Minneapolis, MN 55406
(612) 729-0340

Hennepin County Medical Center-Crisis Unit

716 South 7th Street
Minneapolis, MN 55415
(612) 873-3161

Mental Health Association of Minnesota

2021 East Hennepin Ave., Suite 412
Minneapolis, MN 55413
(612) 331-6840

La Oportunidad

2700 East Lake St.
Minneapolis, MN 55406
(612) 872-6165

Pyramid Counseling

10520 Wayzata Blvd.
Minnetonka, MN 55305
(952) 546-1866

Crisis Connection

(612) 379-6363

Tus xov tooj pab daws kev kub ntxhov 24-teev.

National Suicide Prevention Lifeline

1-(800) 273-8255

Tus xov tooj hu dawb thaum muaj kam ceeb tham daws kev nyuab siab/kub ntxhov 24-teev

TSHOOJ 3

KEV KAWM NTAWV

Kawm ESL, Kawm Ntawv Laus, thiab Kawm Npaj xeeb GED nyob hauv Minneapolis

Cov chaw hauv qab no muaj qhia Askiv (English as a Second Language lossis ESL/ELL) thiab lwm yam kev kawm rau cov laus. Feem ntau cov kev pab yog dawb xwb. (Muaj ib txhia kuj kom them mentsis nqi rau cov ntawv.) **Thov hu xov tooj nug ua ntej txog cov sijhawm kawm, cov neeg pab yus (tutor), thiab lwm yam kev pab tshwj xeeb.**

*Muaj ntau qhov kev kawm Askiv (ESL/ELL) nyob hauv Nroog Ntxaib thiab hauv xeev. Xav paub ntau ntxiv no, hu rau Minnesota Literarcy Council's **Basic Skills Hotline, 1-800-222-1990.***
(<http://www.themlc.org>)

Xav paub txog TOEFL (Daim Ntawv Xeeb Lus Askiv Rau Neeg Txawv Tebchaw/Test of English as a Foreign Language), hnuv xeeb thiab qhov chaw xeeb, mus xyuas TOEFF qhov chaw hauv eesthawnej (internet): <http://www.toefl.org>

Association for the Advancement of Hmong Women

1518 E. Lake St. #209

Minneapolis, MN 55407

(612) 724-3066

Qhia lus Askiv. No yog rau cov pojniam Hmoob uas tuaj tshiab rau tebchaw Ameliskas. Muaj sijhawm teem nyob rau hnuv Vascas thiab Vaspahuv yav tsaus ntuj.

Centro

1915 Chicago Ave. South

Minneapolis, MN 55404

(612) 874-1412

Chicanos Latinos Unidos en Servicio (CLUES)

2700 East Lake St.

Minneapolis, MN 55406

(612) 746-3552

Qhia ESL nyob yav sawv ntxov thiab tsaus ntuj li 10 asthiv. Muaj qhia Koompistawj (computer) thiab Xam Xaj.

English Learning Center

2315 Chicago Ave.

Minneapolis, MN 55404

(612) 874-9963

Qhia ESL, leb, koompibtawj (computer), thiab xam xaj. Qhia cov nyuam qhuav pib thiab coj uas twb kawm mus siab lawm huv tibs.

Franklin Learning Center

1308 East Franklin Ave.
Minneapolis, MN 55404
(612) 630-6830

Qhia ELS, ib tus qhia ib leeg rau cov uas txawj mentsis lossis twb kawm siab lawm. Qhia nyeem, sau, thiab qhia leeb thiab GED, TOEFL, thiab kev npaj ua xam xaj neeg Asmeslikas.

Guatemalan/Latinos United Effort (GLUE)

1100 Andersen Ln.
Minneapolis, MN 55407
(612) 668-4286

Qhia ESL qib pib mus rau qeb siab. Qhia hnuv Vascas txog Vasxuv yav tsaus ntuj.

Hiawatha Lake Learning Center

2872 26th Ave. South
Minneapolis, MN 55406
(612) 483-1763

Qhia Askiv qib pib txog qib uas txawj mentsis lawm.

Holy Rosary Church/Santo Rosario

2424 18th Ave. South
Minneapolis, MN 55404
(612) 724-3651

Qib uas tsis tau paub nyeem li mus rau qib uas txawj mentsis rau cov neeg hais lus Mev. Qhiab hnuv Vascas txog Vasphabhav yav sawv ntxov thiab tsaus ntuj. Muaj qhia koompistawj (computer).

Hope Community

611 East Franklin Ave.
Minneapolis, MN 55404
(612) 435-1679

Qhia ESL thiab leeb qib pib txog qib siab lawm. Qhia hnuv Vascas txog Vasxuv yav sawv ntxov thiab tsaus ntuj.

Jeremiah Program

1510 Laurel Ave. #100
Minneapolis, MN 55403
(612) 692-8711

Pab cov niam muaj menyuam uas tsis muaj txiv nrog nyob uas kawm ntawv qib siab thiab xav dhau los mus pab kom tau tus kheej thiab ua tau ib tug niam zoo, nrog rau kev kawm kev ua neej thiab ua ib tug niam zoo rau tej menyuam.

Lincoln English Language School

730 Hennepin Ave.

Minneapolis, MN 55402

(612) 871-6350

Qhia ESL qib pib, qib txawj mentsis, thiab qib siab lawm, kev kawm muaj yav nruab hnuv thiab tsaus ntu, nrog rau kev pab nrhiav haujlwm thiab kev kawm ntawv qib siab rau cov kawm ntawv qib siab.

North Side Learning Center (Sumner Library)

611 Emerson Ave. North

Minneapolis, MN 55411

(612) 377-6432

Kawm ESL ua tej pab me me thiab nyeem ntawv

Qhia nruab hnuv thiab tsaus ntu—Vascas txog Vasphabhav

Person to Person

2113 Central Ave Northeast

Minneapolis, MN 55418

(612) 706-0854

Pab qhia Askiv rau ib leeg lossis rau ib pab uas yog cov yim neeg tau nyiaj tsawg thooob plaws hauv Nroog Ntxaib.

Project Solo

2222 Park Ave. South

Minneapolis, MN 55404

(612) 874-1936

Pab qhia Askiv kom siv tau, GED, thiab qhia kev npaj mus ua haujlwm rau cov hluas uas tsis muaj tsev nyob thiab tsis tau txais kev txawb zog qhov twg li (Noob nyoog 16-20).

Sabathani Community Center

310 East 38th St.

Minneapolis, MN 55409

(612) 821-2301

Qhia GED thiab ESL ua tej pab neeg tsawg tsawg.

Sagrado Corozon de Jesus

2645 1st Ave. South

Minneapolis, MN 55408

(612) 874-7169

Qhia Askiv hnuv Vasxaus sawv ntxov, qib pib thiab qib uas paub mentsis, rau cov neeg hais lus Mev. Kev kawm yog ua 12 lub asthiv.

Straitgate Church

638 Franklin Ave.

Minneapolis, MN 55404

(612) 870-7472

Qhia ESL yav sawv ntxov rau qib pib thiab qib uas txawj mentsis.

Trinity ESL School

2511 Taylor St. NE
Minneapolis, MN 55418
(612) 789-9024

Qhia ESL qib ua nyeem tsis tau mus txog qib siab, kawm koompistawj (computer) thiab leb.

Urban Communities Association of Minneapolis

333 South 12th St.
Minneapolis, MN 55404
(612) 870-4416, ext. 636

ESL qib pib thiab qib uas txawj mentsis, kawm hnuv Vascas txog Vasxuv, ua 14 asthiv kawm.

Vision Loss Resources

1936 Lyndale Ave. South
Minneapolis, MN 55405
(612) 871-2222

Ib tus qhia ib leeg—qhia ESL qib pib thiab qib txawj mentsis rau cov neeg kawm Askiv uas dig muag/tsis pomkev zoo.

Minneapolis Public Schools Adult Literacy Programs

ESL, kawm ntauv laus, thiab GED kawm nyob rau cov tsev kawm ntauv thiab tej koomhaum thoobplaws hauv nroog.

COV CHAW KAWM ASKIV (ESL)

Andersen School

2727 10th Ave. South
(612) 668-3859

Lehmann Adult Education Center

1006 W. Lake St.
(612) 668-3800

Learning in Style

2608 Blaisdell Ave. South
(612) 870 1815

Northside ABE

1250 West Broadway Ave.
(612) 668-1863

Pratt Community Education Center

66 Malcolm Ave. Southeast
(612) 668-1125

Riverside Plaza & Brian Coyle Community Center

1515 South 4th St.
Minneapolis, MN 55454
(612) 376-0619

KAWM NTAUV LAUS THIAB GED

Employment Action Center South

1527 E. Lake St.
(612) 752-8900

Lehmann Adult Education Center

1006 W. Lake St.
(612) 668-3800

Loring-Nicollet Community Center

1925 Nicollet Ave. South
(612) 871-2031

McKnight Center

4225 3rd Ave South
(612) 668-8561

Northside ABE

1250 W. Broadway Ave.

(612) 668-1863

On Fire Ministry & Christian Community

415 4th Ave. Southeast

(612) 522-7541

Pratt Community Education Center

66 Malcolm Ave. Southeast

(612) 668-1125

Unity House

2507 Freemont Ave. North

(612) 529-9267

Twin Cities RISE!

800 Washington Ave. North #208

(612) 279-5818

Wells Fargo Bank

615 North 7th St.

(612) 667-1908

LWM QHOV CHAW

Jefferson School

1200 W. 26th St

(612) 668-2720

Qhia nyeem ntawv thiab qhia leb rau neeg laus uas muaj cev nqaij tawv xiam.

Project Regina: Sewing Program

1006 W. Lake St.

Minneapolis, MN 55408

(612) 827-2670

Kawm Askiv lub sijhawm tabtom xyaum ua haujlwm nyob rau lub khw kho khaub ncaws lossis lub chaw ua haujlwmxaws tshuab.

TSHOOJ 4

PLAUB NTUG

Centro Legal

2610 University Ave. West, #450
St. Paul, MN 55114
(651) 642-1890

University of Minnesota Law School

190 Law Center
229 19th Ave. South
Minneapolis, MN 55455
(612) 625-5515

Legal Aid Society of Minneapolis

North office 1206 42nd Ave. North
Minneapolis, MN 55412
(612) 588-2099

South office 2929 4th Ave. S.
Minneapolis, MN 55408
(612) 827-3774

Txhua tus neeg tshiab yuav tsum hu rau 612-334-5790 teem sijhawm nyob rau ob lub hoobkas no lub twg los tau. Cia li tuaj xwb los kuj ntsib tau.

Downtown office 430 1st Avenue North, Suite 300
Minneapolis, MN 55401
(612) 332-1441

Housing Right Information

250 4th Street South
Minneapolis, MN 55415
(612) 673-3003

Hu xovtooj mus nug txog tej kev pab uas muaj.

Legal Rights Center

1161 Park Ave. South
Minneapolis, MN 55404
(612) 337-0030

Tenants Union

610 W. 28th S.
Minneapolis, MN 55408
(612) 871-7485

Mount Olive Legal Clinic

3045 Chicago Ave. South
Minneapolis, MN 55407
(612) 827-5919

Park Avenue Legal clinic

3400 Park Ave. South
Minneapolis, MN 55407
(612) 825-5919

Brian Coyle Community Center

420 15th Avenue South
Minneapolis, MN 55454
(612) 332-1441

Minnesota Advocates for Human Rights

310 4th Ave. South #1000
Minneapolis, MN 55415
(612) 341-3302

Immigrant Law Center of Minnesota (Oficina Legal)

179 East Robie Street
St. Paul, MN 55107
(651) 291-0110
(800) 223-1368

Southern Minnesota Regional Legal Services

46 East 4th St. #300
St. Paul, MN 55101
(651) 222-4731
(800) 326-1751

Legal Assistance for Minnesota Prisoners (LAMP)

229 19th Ave. South
Rm. 95 Law Center
Minneapolis, MN 55455
(612) 625-6336

Crime Victims Reparations Board

445 Minnesota St. Suite 2300
St. Paul, MN 55101
(651) 282-6256

Pab nyiaj txiaj rau cov neeg ua muaj neeg phem ntau lossis ua phem rau.

TSHOOJ 5

Kev Pab Txog Nyiaj Txiag

TSO NYIAJ SAU TSHEV TSO DAWB XWB THIAB TSO NYIAJ KHAW CIA

Qhib tso nyiaj sau tshev yog ib yam zoo uas tsis tau pauv nyiaj ntsuab txhua txhua hli. Tsis muaj nqi tso nyiaj lossis pauv nyiaj nyob lub txhab nyiaj uas koj tso nyiaj. Muaj tshev thiab daim ntawv tsho nyiaj zoo rau lub sijhawm uas koj tsis muaj nyiaj ntsuab. Cov txhab nyiaj hauv qab no puav leej tso tau nyiaj sau check tsis yuav nqi. Txhua lub txhab nyiaj no xav kom tso txog \$100 pib thiaj qhib tau tus askhauj (account) tso nyiaj, tiamsis nws tsis muaj nqi kom them tsheej hli lossis tias yuav tsum muaj npaum li cas cia ua nyiaj qab nas. Txhua lub txhab nyiaj xav kom muaj daim npav thiab daim xausau (social security card) thiaj kam qhib askhauj. Feem ntau cov txhab nyiaj muaj kev nrhiav tau neeg pab txhais lus. Qee lub txhab nyiaj kuj muaj neeg ua haujlwm paub lwm yam lus pab cov uas tsis paub lus Asmelikas.

Txhab Nyiaj TCF Bank nyob hauv Minneapolis: tus xovtooj rau cov neeg tso nyiaj hu yog 612-TCF-Bank lossis 612-823-2265. TCF Bank cov chaw nyob muaj li hauv qab no nyob hauv Minneapolis.

5th street Skyway

150 5th street south

Minneapolis, MN 55402

801 Marquette Ave.

Minneapolis, MN 55402

1501 University Ave. SE

Minneapolis, MN 55455

80 south 8th St.

Minneapolis, MN 55402

1444 west Lake St.

Minneapolis, MN 5540

5937 Nicollet Ave. S.

Minneapolis, MN 55419

2850 26th Ave. S.

Minneapolis, MN 55406

3118 E. Lake St.

Minneapolis, MN 55406

5550 Nicollet Ave. S.

Minneapolis, MN 55419

615 Washington Ave. SE

Minneapolis, MN 55455

Txhab Nyiaj Wells Fargo Bank: Lwm lub txhab nyiaj nyob Minnesota yog Wells Fargo Bank. Feem ntau Wells Fargo Bank zoo tib yam li lwm lub txhab nyiaj hauv xeev. Xav paub ntau ntxiv huv rau 1-800-869-3557. Tej qhov chaw nyob rau lub txhab nyiaj no muaj xws li:

Chaw Nyob

MIDLAND

401 2ND AVE S,
MINNEAPOLIS, MN 55401
(612)-667-0081

WELLS FARGO CENTER

90 S 7TH ST,
MINNEAPOLIS, MN 55402
(612) 667-0763

WELLS FARGO CENTER

90 S 7TH ST,
MINNEAPOLIS, MN 55402
(612) 667-0763

IDS CENTER

80 S 8TH ST STE 281,
MINNEAPOLIS, MN 55402
(612) 667-5450

OLD SAINT ANTHONY

425 E HENNEPIN AVE,
MINNEAPOLIS, MN 55414
(612) 667-1334

QUARRY

1550 NEW BRIGHTON BLVD,
MINNEAPOLIS, MN 55413
(612) 316-1475

BLOOMINGTON LAKE

1527 E LAKE ST.
MINNEAPOLIS, MN 55407
(612) 667-6256

NOKOMIS

4943 34TH AVE S,
MINNEAPOLIS, MN 55417
(612) 316-3600

METRO SOUTH

2600 E FRANKLIN AVE,
MINNEAPOLIS, MN 55406
(612) 667-1391

UNIVERSITY-MIDWAY

3430 UNIVERSITY AVE SE,
MINNEAPOLIS, MN 55414
(612) 316-3691

KEV PAB UA SE

AccountAbility Minnesota

2300 Myrtle Avenue West, Suite 180
St. Paul, MN 55114

Chaw thiab sijhawm hloov mus los nyob ntawm lub caij ntawm lub xyoo. Xav paub ntau ntxiv hu rau: (651) 287-0187 or (651) 297-3724

TSHOOJ 6

NRHIAV HAUJLWM & KAWM HAUJLWM

Cov koomhaum pab neeg hauv qab muaj ntau yam pab txog kev nrhiav haujlwm thiab kawm haujlwm. Xav paub ntxiv hu rau lub koomhaum.

Cov Koomhaum	Chaw Nyob	Xovtooj	Lwm Yam
American Indian- OIC	1845 E. Franklin Ave. Minneapolis, MN 55404	612-341-3358	
CLUES	2700 E. Lake St. Minneapolis, MN 55406	612-746-3500	
East Side Neighborhood Services	1700 2 nd St. NE Minneapolis, MN 55413	612-781-6011	
Educational Opportunity Center	1501 Hennepin Ave. Minneapolis, MN 55403	612-659-6543	Tsis muaj haujlwm/Kawm xwb
Employment Action Center, Adult Program.	1113 East Franklin Ave.	612-752-8920	
Employment Action Center, Youth Program.	900 20 th Ave. South Minneapolis, MN 55404	612-752-8800	
Employment Action Ctr. Dislocated Worker Program	900 20 th Ave. South Minneapolis, MN 55404	612-752-8809	
Goodwill-Easter Seals	919 East Lake St. 777 East Lake St 1600 East Lake St. Minneapolis, MN 55407	612-824-78100 612-821-4032 612-724-3589	
HIRED	700 22 nd Ave. NE 4320 Newton Ave. N 2309 Nicollet Ave. S 1200 Plymouth Ave. N 310 E. 38 th St.	612-668-1357 612-210-3007 612-813-0422 612-529-3342 612-822-9071	

Hmong American Mutual Association	1130 N. 7 th St. Minneapolis, MN 55411	612-374-2694	
Loring Nicollet- Bethlehem	2539 Pleasant Ave. S Minneapolis, MN 55404	612-872-2771	
Minneapolis Urban League	2100 Plymouth Ave. N Minneapolis, MN 55411	612-302-3111	
Minneapolis work force Center North	1200 Plymouth Ave. N. Minneapolis, MN 55411	612-520-3500	
Minneapolis work force Center South	777 E. Lake St. Minneapolis, MN 55407	612-821-4000	
Pillsbury United community Brain Coyle	420 15 th Ave. So. Minneapolis, MN 55454	612-338-5282	
Pillsbury United community, New Unity	2507 Fremont Ave. N Minneapolis, MN 55411	612-529-9267	
Pillsbury United community, Wait House	2529 13 th Ave. s Minneapolis, MN 55404	612-721-1681	
South Asian Refugee Community Home	1113 E. Franklin Ave. Minneapolis, MN 55404	612-673-9388	

Txuas ntxiv, cov koomhaum hauvqab no kuj muaj nrhiav haujlwm thiab qhia kom paub ua haujlwm nce mus rau qib siab rau cov neeg uas nyob ib ncig.

Branch III of Catholic Charities

1624 Chicago Ave. south
Minneapolis, MN 55404
(612) 278-1120

Center for Asian and Pacific Islander

3702 East. Lake Street
Minneapolis, MN 55406
(612) 721-0122

TSHOOJ 7

Tej Kev/Chaw Pab Thaum Muaj Kev Sib ntau Nyob Hauv Tsev Neeg thiab Kev Quab yuam Ntawm Pojnim thiab Txivneej

CHAW NRAIM (SHELTER) LOSSIS CHAW NYOB PAB COV POJNIAM LOS TXIVNEEJ UAS MUAJ KEV SIB NTAU

Casa de Esperanza

P.O. Box 75177

St. Paul, MN 55175

Xovtooj rau Kev Kub Ntxhov (Crisis Line): (651) 772-1611

Pab Cov Neeg Hauv Zej Zos (Community Outreach): (651) 646-5553

Harriet Tubman Women's Shelter

Hoobkas (Office): (612) 825-3333

Xovtooj rau Kev Kub Ntxhov (Crisis Line): (612) 825-0000

Hoobkas Hauv Nroog Pab Zej Zos (Pilot Project City Office): (612) 521-0240

Sojourner Shelter for Battered Women

24-Teev Chaw Nraim/Nyob Thaum Muaj Kev Kub Ntxhov (Crisis Shelter)

Hopkins, MN

(952) 933-7422

Chaw Nraim/Nyob Pab Ceev (Emergency shelter), kev pab txhawb zog, pab tham daws kev nyuab siab rau cov pojnim uas raug ntau thiab lawv cov menyuam.

Women's Advocates, Inc.

(651) 227-9966

24-teev tus xovtooj hu thaum muaj kev kub ntxhov (crisis line): (651) 227-8284

Chaw nyob pab rau cov pojnim thiab menyuam ua lawv lub tsev niaj hnuv muaj kev sib ntau nyob tsis taus.

Home Free

3405 East Medicine Lake Blvd.

Plymouth, MN

(612) 559-4945

Chaw Nraim/Nyob pab ceev, pab txhawb zog, pab tham daws kev nyuab siab rau cov pojnim uas raug ntau

Women of Nations

St. Paul, MN

(651) 222-5830

24-teev tus xovtooj hu thaum muaj kev kub ntxhov: (651) 222-5836

The Day One Center, Inc.

(651) 646-9622

Pab ua ntawv xa mus rau qhov chaw uas muaj txaj pw khoom

**KEV PAB THIAB TXHAWB ZOG DAWS KEV NYUAJ SIAB RAU COV POJNIAM
LOS TXIVNEEJ UAS MUAJ KEV SIB NTAU THIAB YUAM CEV**

Domestic Abuse Project

204 West Franklin Ave.

Minneapolis, MN 55404

Hoobkas: (612) 874-7063

24-teev tus xovtooj hu thaum muaj kev kub ntxhov: (612) 646-0994

Domestic Abuse Service Center

330 South 6th St.

Minneapolis, MN 55415

(612) 348-5073

Ua ntawv tiv thaiv thiab txwv tsis pub sib cuag tau

Asian Women United of Minnesota

1954 University Ave.

St. Paul, MN 55104

Xovtooj Hais Txog Lag Luam: (651)-646-2118

24-tus xovtooj hu thaum muaj kev kub ntxhov: (612)-724-8823

Immigrant Women Advocacy Project

Brian Coyle Center

420 15th Ave. South

Minneapolis, MN 55454

(612) 338-5282

Community University Health Care Center

2001 Bloomington Ave. South

Minneapolis, MN 55404

(612) 638-0700

Chrysalis- Center for Women

4432 Chicago Ave. South

Minneapolis, MN

(612) 871-0118

Family and Children's Service

414 South 8th St.

Minneapolis, MN 55404

(612) 339-9101

Fairview Womankind Domestic Abuse Program

6501 France Ave. South, (952) 924-5775
2450 Riverside Ave., (612) 672-2700

KEV PAB COV NEEG UAS RAUG YUAM CEV

Rape and Sexual Abuse Center

2431 Hennepin Ave. South
Minneapolis, MN
(612) 374-9077

24-teev tus xovtooj hu thaum muaj kev kub ntxhov: (612) 825.HELP

Kev pab txhawb thiab tej pab neeg tuaj tham ua kev txhawb zog—muaj pab rau cov neeg uas raug yuam cev, cov uas tsev neeg rov sib yuam cev, thiab cov menyuam uas raug yuam cev. Cia li tuaj xwb los tau tib yam.

Sexual Violence Center Crisis Line

(612) 871-5111
(612) 871-2854
(612) 871-2097

Rape and Sexual Abuse Center Legal Advocates

(612) 348-4003

Pab kev hais plaub ntug rau txhua tus neeg uas raug yuam cev nyob hauv Hennepin Khaubtis

Sex Crime Unit (Minneapolis Police Dept.)

350 South 5th Street
City Hall, Room 108
Minneapolis, MN
(612) 673-3081

TSHOOJ 8

Kev Pab Rau Cov Pojniam Uas Cev Nyav/Xeeb Tub thiab Menyam

Birthright

825 Nicollet Mall, Rm. 702
Minneapolis, MN 55402
(612)-338-2353

Khaub Ncaws Hnav thaum xeeb tub thiab Khaub Ncaws Menyam Mos Liab

Pab qhia nrhiav tej chaw pab nyob hauv zej zos

Pab txhawb, ib leeg rau ib leeg lub sijhawm xeeb tub mus txog hnuv yug

NorthSide Life Care Center

4201 Aldrich Ave. North
Minneapolis, MN 55411
(612) 522-6589

Khaub ncaws hnav rau tus niam thiab menyuum mog liab mus txog 4 xyoo
Pab Daivpawm thiab Mis Noj
Pab kev mus kuaj rau tus niam thiab xoo faibfab (*ultrasounds*) tsom saib tus menyuum

SouthSide Life Care Center

4105 Chicago Avenue South
Minneapolis, MN 55407
(612) 823-0301

Kuaj saib puas xeeb tug, xoo saib tus menyuum, thiab kuaj saib xyuas tus niam
Tham tswvyim pab thiab ua ntawv xa mus kuaj thiab txais kev pab
Pab ib lub txaj mos liab ua ntej ib hli yuav yug menyuum
Pab khaub ncaws mos liab, khaub ncaws menyuum yau, daivpawm, rooj menyuum nyob noj
mov, lub laub menyuum, txaj thiab mis noj.

NorthPoint Health & Wellness Center -Food Shelf

1315 Penn Avenue North
(612) 348-4700

Sijhawm: hu tuaj teej sijhawm ntsib
Muaj cuabkav tau txais zaub mov txaus 2 hnuv txhua txhua 30 hnuv.
Zaub mov rau menyuum, mis, daivpawm, khaub ncaws menyuum mos liab thiab loj zog

Robbinsdale Women's Center

3826 West Broadway Ave.
Robbinsdale, MN 55429
(763)-531-9554

Khoom siv menyuum yau, kev pab tus niam thiab menyuum thaum tseem xeeb nyob hauv plab,
thiab kuaj seb puas xeeb tub.

WIC

(612) 348-6100

Hais txog khoom noj thiab zaub mov pab rau cov pojniam xeeb tub, menyuum thiab menyuum
mos liab.

Safe Place

120 S. 6th St. Suite # 1250
Minneapolis, MN 55402
(612) 317-2895
1 (877) 440-2229

Chaw kaj uas coj koj tus menyuum mos liab tuaj tau—tsis nug dabtsis kiag li.

La Leche League

(612) 922-4996

Pab txhawb cov pojniam uas pub mis niam rau menyuum.

Greater Minneapolis Day Care Association

1628 Elliot Ave. South
Minneapolis, MN 55404
(612) 341-1177

Ua ntawv thov nyiaj pab zov menyuam thiab ua ntawv xa mus nrhaiv qhov chaw zov menyuam uas nyob ze hauv thajtsam koj nyob.

Head Start

Childcare for children ages 0 to five
English- (612) 374-0701
Xumasli/Somali- (612) 374-0707
Mev/Espanola- (612) 374-0705
Hmoob/Hmong- (612) 374- 0709

Rooj Zaum Rau Menyuum Nyob Hauv Tsheb (Car Seats)

Hu rau koj lub esawlas ncaj qha:

MHP- (612) 347-6308
Medica- (952) 992-2322
UCare- (612) 676-3200

Twin Cities Healthy Start

(612) 673-3448

Pab neeg Asmelikas Dub thiab Khab kom muaj kev xeevtub tsis muaj mob thiab tsev neeg tsis muaj mob.

Greater Minneapolis Crisis Nursery

5400 Glenwood Ave. South, Golden Valley
4544 4th Ave. South, Minneapolis
(763) 591-0400

No yog qhov chaw zov menyuam ua cov menyuam hauv Hennepin Khaubtis mus nyob tau txog li peb hnuv tej thaum uas niamtxiv muaj kev kub ntxhov.